

# ACMUI's Views on Yttrium-90 Microsphere Brachytherapy

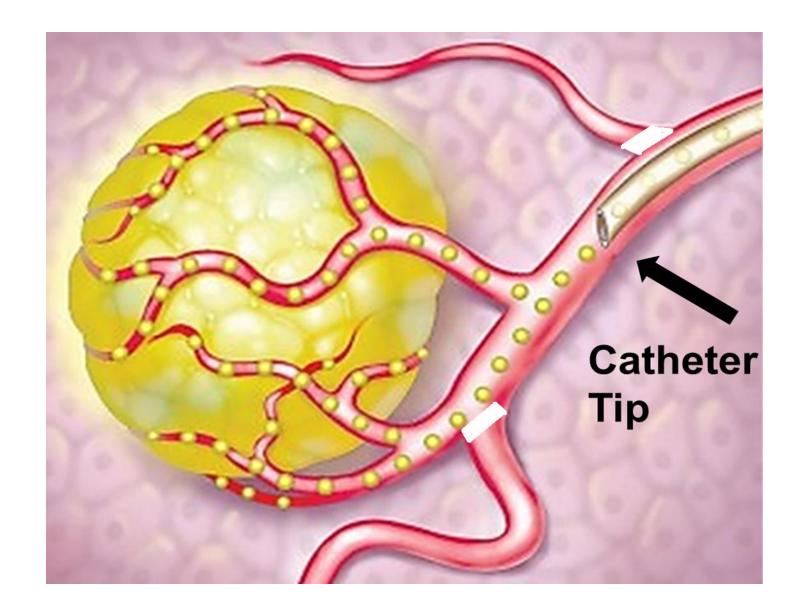
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### Y-90 Microsphere Brachytherapy Treatment of Liver Tumors

- Radiation Therapy for unresectable or chemotherapy-unresponsive liver tumors
  - Symptom Palliation
  - Improve Survival
  - Improve time to progression
    - -Pre-Transplant Bridge Therapy
  - Tumor Regression (therapy adjunct)
    - -Curative

### Y-90 Microsphere Brachytherapy *Procedure Rationale*

- Y-90 MS are injected through a catheter selectively positioned in the hepatic artery or its branches supplying the liver tumor(s)
- The MS are too large to pass through the capillaries and become permanently trapped in the tumor next to malignant cells
- The Y-90 MS deliver a therapeutic radiation dose to the tumor



### Y-90 Microsphere Brachytherapy Safety & Effectiveness

- Each patient must meet strict selection criteria
- Procedure must be meticulously individualized for each patient
- Technical success depends on detailed patient preparation and intervention to
  - Ensure accurate delivery of the planned dose(s) the liver tumor(s);
  - Minimize/eliminate the known risks of activity deposition in non-target tissues, including the Lung and GI tract

# ACMUI Y-90 Microsphere Subcommittee *Charge*

 To determine whether and under what conditions the deposition of intra-arterial Y-90 microspheres (MS) in the Gastrointestinal (GI) tract constitutes a reportable medical event, specifically as regards notation of such expectation in the written directive

# ACMUI Y-90 Microsphere Subcommittee Charge

 To develop recommendations for any relevant changes to current Y-90 Microsphere Brachytherapy Licensing Guidance (2012)

### ACMUI Y-90 Microsphere Subcommittee Expanded Charge

- At the discretion of the subcommittee,
- To determine whether additional medical event issues unrelated to GI deposition of Y-90 MS require consideration, and
- To offer recommendations for related Regulatory Guidance change

#### **Subcommittee Conclusion**

The Subcommittee members unanimously agreed that revising the current Y-90 **Microsphere Brachytherapy Guidance (2012)** is in order to align with (1) the unique characteristics of Y-90 MS brachytherapy, (2) the advances and improvements made in the procedural interventions to eliminate or manage non-target MS deposition and (3) current medical practice of Authorized Users and treatment teams.

#### **Subcommittee Conclusions**

- Prescribed activity and actual infused treatment activity are the most appropriate metrics for regulatory purposes
- Medical event reporting criteria should be based on a readily determined differential between the prescribed activity stated in the written directive and the actual treatment activity infused

# Recommendations Change to Guidance

- Specification of an "acceptable" GI tract and lung dose/activity in the written directive prior to performance of the Y-90 microsphere embolization procedure should NOT be required
- Instead, a total treatment activity of Y-90 microspheres to be administered should be the required compliance measure for organs and tissues other than the treatment site

# Recommendations Change to Guidance

Implantation of the MS brachytherapy sources is considered to be in accordance with the WD, if

- The total administered/infused activity does not vary from the activity prescribed in the written directive by 20% or more;
- Except in situations in which the activity administered is limited by termination of the procedure due to stasis

## Recommendations *Implementation*

- The recommendations should be incorporated into NRC guidance for Y-90 microsphere brachytherapy
- The NRC staff, in consultation with ACMUI, compose and disseminate explanation of these recommended revisions in a manner best suited to both the NRC as well as to AUs and other stakeholders tasked with compliance

### **Summary**

- This modality is regulated under 10 CFR 35.1000
- Guidance can be changed without a rule change
- ACMUI's advice to the staff is a frequent and integral part of the process.
- This advice that ACMUI has provided to staff on needed changes to the Y-90 guidance is a prime example of the value added by the ACMUI.

### **Acronyms**

- 10 CFR Title 10 Code of Federal Regulations
- ACMUI Advisory Committee on the Medical Uses of Isotopes
- AU Authorized User
- GI Gastrointestinal
- MS Microspheres
- NRC US Nuclear Regulatory Commission
- WD Written Directive
- Y-90 Yttrium-90