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Use of Isotopes

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UNITED STATES OF AMERICA

NUCLEAR REGULATORY COMMISSION

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ADVISORY COMMITTEE ON THE MEDICAL USES OF ISOTOPES

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VIDEO-TELECONFERENCE

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WEDNESDAY,

DECEMBER 15, 2021

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The meeting was convened via Video-
Teleconference, at 2:00 p.m. EST, Darlene F. Metter,
ACMUI Chairman, presiding.

MEMBERS PRESENT:

DARLENE F. METTER, M.D., Chairman

VASKEN DILSIZIAN, M.D., Vice Chairman

REBECCA ALLEN, Member

RONALD D. ENNIS, M.D., Member

RICHARD L. GREEN, Member

HOSSEIN JADVAR, Member

JOSH MAILMAN, Member

MELISSA C. MARTIN, Member

MICHAEL D. O'HARA, Ph.D., Member

MEGAN L. SHOBER, Member

HARVEY B. WOLKOV, M.D., Member

1 NRC STAFF PRESENT:

2 CHRISTIAN EINBERG, Designated Federal Officer

3 MARYANN AYOADE, NMSS/MSST/MSEB

4 ANGELA COGGINS, OGC/LHE/MFW

5 DANIEL DIMARCO, NMSS/MSST/MSEB

6 ROBIN ELLIOTT, R-I/DRSS/MLB

7 CINDY FLANNERY, NMSS/MSST/SLPB

8 VINCENT HOLAHAN, NMSS/MSST

9 DONNA-BETH HOWE, Ph.D., NMSS/MSST/MSEB/MRST

10 IAN IRVIN, OGC/GCRPS/RMR

11 ERIN KENNEDY, R-III/DNMS/MLB

12 PENNY LANZISERA, R-I/DRSS/MLAB

13 SARAH LOPAS, NMSS/MSST/MSEB

14 DONALD LOWMAN, NMSS/MSST/MSEB

15 JOAN OLMSTEAD, OGC/LRAA/RASFP

16 VERED SHAFFER, RES/DSA/RPB

17 KATHERINE TAPP, Ph.D., NMSS/MSST/MSEB

18 ELIZABETH TINDLE-ENGELMAN, R-III/DNMS/MIB

19 JOHN TOMON, RES/DSA/RPB

20 CELIMAR VALENTIN-RODRIGUEZ, Ph.D., NMSS/MSST

21 KEVIN WILLIAMS, NMSS/MSST

22
23 ALSO PRESENT:

24 MICHAEL SHEETZ, University of Pittsburgh School
25 of Medicine

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1 P R O C E E D I N G S

2 2:02 p.m.

3 MR. EINBERG: Good afternoon. As the
4 Designated Federal Officer for this meeting, I am
5 pleased to welcome you to this public teleconference
6 meeting of the Advisory Committee on the Medical Uses
7 of Isotopes.

8 My name is Chris Einberg. I am the Chief
9 of the Medical Safety and Events Assessment Branch
10 and have been designed as the federal officer for
11 this advisory committee in accordance with 10 CFR
12 Part 7.11.

13 This is an announced meeting of the
14 committee. It is being held in accordance with the
15 rules and regulations of the Federal Advisory
16 Committee Act and the Nuclear Regulatory Commission.
17 This meeting is being transcribed by the NRC and it
18 may also be transcribed or recorded by others. The
19 meeting was announced in the December 1, 2021 edition
20 of the Federal Register, Volume 86, page 68289.

21 The purpose of this teleconference
22 meeting is to discuss the ACMUI Subcommittee on Alpha
23 DaRT's review and comments on the NRC staff's draft
24 licensing guidance on the Alpha Tau Alpha DaRT Manual
25 Brachytherapy, to discuss the ACMUI Subcommittee on

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1 Reg Guide 8.39's review and comments on the NRC
2 staff's draft additional considerations memorandum
3 for CivaDerm Superficial Manual Brachytherapy, and to
4 discuss the ACMUI Subcommittee on Reg Guide 8.39's
5 review and comments on the NRC's draft revision of
6 Regulatory Guide 8.39 Release of Patients
7 Administered Radioactive Material.

8 The function of the ACMUI is to advise
9 the staff on issues and questions that arise on the
10 medical use of byproduct material. The committee
11 provides counsel for the staff, but does not
12 determine or direct the actual decisions of the staff
13 or the commission. The NRC solicits the views of the
14 committee and values their opinions.

15 I request that, whenever possible, we try
16 to reach consensus on the various issues that we will
17 discuss today, but I also recognize there may be
18 minority dissenting opinions. If you have such
19 opinions, please allow them to be read into the
20 record.

21 At this point, I would like to perform a
22 roll call of the ACMUI members participating today.
23 Dr. Darlene Metter, Chairman and Diagnostic
24 Radiologist?

25 CHAIR METTER: Present.

1 MR. EINBERG: Dr. Vasken Dilsizian, Vice
2 Chairman and Nuclear Cardiologist?
3 VICE CHAIR DILSIZIAN: Present.
4 MR. EINBERG: Dr. Ronald Ennis, Radiation
5 Oncologist?
6 MEMBER ENNIS: Present.
7 MR. EINBERG: Mr. Richard Green, Nuclear
8 Pharmacist?
9 MEMBER GREEN: Present.
10 MR. EINBERG: Dr. Hossein Jadvar, Nuclear
11 Medicine Physician?
12 MEMBER JADVAR: Present.
13 MR. EINBERG: Mr. Josh Mailman, Patients
14 Rights Advocate?
15 MEMBER MAILMAN: Present.
16 MR. EINBERG: Ms. Melissa Martin, Nuclear
17 Medicine Physicist?
18 MEMBER MARTIN: Present.
19 MR. EINBERG: Dr. Michael O'Hara, FDA
20 Representative?
21 MEMBER O'HARA: Present.
22 MR. EINBERG: Mr. Zoubir Ouhib, Radiation
23 Therapy Physicist, is not able to attend today. Ms.
24 Megan Shober, State Government Representative?
25 Megan, are you on the line?

1 MEMBER SHOBER: Can you hear me?

2 MR. EINBERG: Yes, we can hear you, but

3 not very loud, but we can hear you. Dr. Harvey

4 Wolkov, Radiation Oncologist?

5 MEMBER WOLKOV: Present.

6 MR. EINBERG: And Ms. Rebecca Allen,

7 Healthcare Administrator?

8 MEMBER ALLEN: Present.

9 MR. EINBERG: We also have Mr. Michael

10 Sheetz participating as a non-voting member as a

11 medical consultant. Mr. Sheetz, are you present?

12 MR. SHEETZ: Yes, I am present.

13 MR. EINBERG: And is Dr. John Angle also

14 present and participating as a non-voting medical

15 consultant?

16 MS. LOPAS: Chris, I am looking for him.

17 I might not have -- I don't see him in the

18 participants list. Dr. Angle, if you called in on

19 your phone, press star, five, and that will raise

20 your hand and I'll be able to enable your phone

21 microphone.

22 MR. EINBERG: Okay, thank you, Sarah. I

23 do confirm that we do have a quorum of at least six

24 members.

25 All members of the ACMUI are subject to

1 federal ethics laws and regulations and receive
2 annual training on these requirements.

3 If a member believes that he or she may
4 have a conflict of interest as that term is broadly
5 used within 5 CFR Part 2635 with regard to an agenda
6 item to be addressed by the ACMUI, this member should
7 divulge it to the Chair and to the Designated Federal
8 Official as soon as possible before the ACMUI
9 discusses it as an agenda item.

10 ACMUI members must recuse themselves from
11 participating in any agenda item in which they may
12 have a conflict of interest unless they've received
13 a waiver or prior authorization from the appropriate
14 NRC official.

15 The NRC commenced reentry on November 7.
16 The NRC is operating in a hybrid work environment
17 with NRC staff members coming into the office at least
18 two days a week.

19 NRC staff members who are participating
20 in this meeting today include Ms. Sarah Lopas, Mr.
21 Don Lowman, Mr. Daniel Dimarco, Dr. Katie Tapp, Dr.
22 Donna-Beth Howe, Ms. Cindy Flannery, Ms. Maryann
23 Ayode, who will be joining us a little bit later,
24 and Dr. Celimar Valentin-Rodriguez will also be
25 joining us a little bit later.

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1 Members of the public who notified Mr.
2 Lowman that they would be participating on the
3 teleconference will be captured as participants in
4 the transcript.

5 Those of you who did not provide prior
6 notification, please contact Mr. Lowman by email at
7 donald.lowman, D-O-N-A-L-D dot Lowman, L-O-W-M-A-N,
8 @nrc.gov at the conclusion of this meeting.

9 Today's meeting is being transcribed by
10 a court reporter. We are utilizing Microsoft Teams
11 for the audio of today's meeting and to view
12 presentation material in real time. The meeting
13 materials and the agenda for this meeting can be
14 accessed by the NRC's public meeting schedule site.

15 Dr. Metter, at her discretion, may
16 entertain comments or questions from members of the
17 public who are participating today.

18 Individuals who would like to ask a
19 question or make a comment regarding the specific
20 topic the committee has discussed should please use
21 the raise hand function in Microsoft Teams to signal
22 to our Microsoft Teams host, Sarah Lopas, that you
23 wish to speak.

24 If you have called into the Microsoft
25 Teams using your phone, please press star, five to

1 raise your hand. When you begin your comment, please
2 clearly state your first and last name for the record.

3 Comments and questions are typically
4 addressed by the committee near the end of the
5 presentation after the committee has fully discussed
6 the topic.

7 We will announce when we are ready for
8 the public comment portion of the meeting and an NRC
9 staff member will assist in facilitating public
10 comments.

11 At this time, I ask that everyone who is
12 not speaking to please mute your Teams microphones or
13 mute your phones. I would also ask that everyone
14 exercise extreme care to ensure that the background
15 noise is kept to a minimum as any stray background
16 sounds can be very disruptive on a conference call
17 this large.

18 At this point, I'd like to turn it back
19 to Dr. Metter. Dr. Metter?

20 CHAIR METTER: Thank you, Mr. Einberg,
21 for your excellent opening. At this point in time,
22 our next agenda item will be the draft report review
23 by the ACMUI Alpha DaRT Licensing Guidance
24 Subcommittee on the draft report on the NRC staff
25 draft licensing guidance, and for this, Dr. Ronald

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1 Ennis will be presenting the subcommittee report.
2 Dr. Ennis?

3 MEMBER ENNIS: Thank you, Dr. Metter, and
4 hello, everyone. Thank you for joining today. It's
5 my honor to present on behalf of the subcommittee
6 commenting on the draft guidance of the NRC staff on
7 the Alpha Tau Alpha DaRT Manual Brachytherapy source.
8 Next slide, please.

9 This is a list of our subcommittee
10 members. We have an excellent subcommittee, many
11 active participants, and including Mr. Sheetz, and
12 Dr. Katie Tapp was our NRC resource. Next slide.

13 So, as stated, our charge was to comment
14 on the draft licensing guidance for this
15 brachytherapy source that has been drafted by NRC
16 staff. Next slide.

17 The first and maybe most important
18 decision the NRC faced was where it should be, this
19 isotope should be categorized, and they have decided
20 to license it under 35.1000. Our subcommittee agrees
21 with that decision.

22 This isotope is unique and has some
23 elements of a brachytherapy source, but some of a
24 radiopharmaceutical source in that the radioactive
25 material is adherent to the surface of the device

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1 rather than a sealed source, and the daughter
2 particles or elements diffuse through tissue and go
3 on to go further decay so that it is permeating
4 through the body, somewhat akin to
5 radiopharmaceuticals.

6 So, it makes a lot of sense to us as well
7 to license this under 35.1000 but drawing on some of
8 the principals from 35.300 and 400 for
9 radiopharmaceuticals and sealed source brachytherapy
10 respectively. Next slide.

11 Now getting into some specific comments,
12 there are a number of specific comments over the next
13 several slides that we will comment on. First, in
14 terms of the role of the authorized medical
15 physicist.

16 The subcommittee does not believe that
17 acceptance testing of treatment planning software
18 requires an authorized medical physicist but rather
19 should be done by a qualified medical physicist.

20 In addition, we do not believe that the
21 authorized medical physicist is the appropriate
22 person to provide training for the radiation safety
23 officer regarding this source.

24 Rather, the training should come from
25 either the vendor or from a radiation safety officer

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1 who has previously been trained in this source. Next
2 slide. Next slide, please.

3 MS. LOPAS: Did it go through for you?

4 MEMBER ENNIS: No.

5 MS. LOPAS: Okay, let me -- it moved
6 forward for me, so hang on. Let me know when you see
7 it. It's the role of the nuclear pharmacist, correct?

8 MEMBER ENNIS: Yes.

9 MS. LOPAS: Got it.

10 MEMBER ENNIS: Yes, thank you. Okay, so
11 in terms of the role of nuclear pharmacist, the
12 subcommittee does not see any role for a nuclear
13 pharmacist.

14 This is not a drug in any sense, so
15 there's no pill. There's no fluids that would be
16 processed by a pharmacist. It's a brachytherapy
17 source with a radioactive radium adherent to its
18 surface. Next slide. It did not advance.

19 MS. LOPAS: All right, I'm going to
20 disable incoming video and maybe that will help with
21 my bandwidth as well. All right, just let me know,
22 Dr. Ennis, when it does advance, because it's
23 advanced on my side.

24 MEMBER ENNIS: Oh, okay, good.

25 MS. LOPAS: Sorry, it's a very slow

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1 delay. I apologize.

2 MEMBER ENNIS: All right, as long as the
3 audience can be patient, I'm okay. All right, so in
4 terms of assessment of leakage, so there was a few
5 comments on this topic as well.

6 The subcommittee does not believe there's
7 a role for assessment of patient surface
8 contamination or leakage. The radioactive particles
9 are going to be diffusing through tissue in all
10 directions, including towards the body surface, so a
11 source placed close to the surface will, of course,
12 have radioactive radioactivity emanating from it and
13 be detectable on the surface and there's no way to
14 differentiate that from a spill, if you will. It's
15 not really something that would spill, so we don't
16 believe that concept really applies for this source.

17 Right, and similarly, leak testing of the
18 source also is not applicable because, again, it is
19 not a sealed source, but rather the radioactive
20 radium is adherent to the surface. Next slide.

21 Okay, and in a similar vein, there
22 doesn't seem to be an appropriate need to check for
23 the source seal in that it would not affect dose
24 delivery should the seal be broken. Next slide.

25 However, because this particle is

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1 adherent to the surface, if the source were to come
2 into contact with any surfaces in the procedure room,
3 there could be a possibility of contamination to
4 those surfaces, so that needs to be addressed, and
5 therefore, we would recommend that following the
6 typical standard contamination guidance that already
7 exists in NUREG 1556 Volume 9 be followed in such a
8 situation for this applicator as well.

9 And a very minor point, but rather than
10 say survey instrument used, we'd prefer radiation
11 detection instrument used, which is a bit more
12 generic term. A survey has a certain connotation of
13 possibly a specific instrument for some people. Next
14 slide.

15 In terms of patient release, just some
16 wordsmithing if you will, but possibly with some
17 importance.

18 We recommend changing the language of the
19 requirement that the patient should not be released
20 from what is currently stated as if it is possible
21 under normal circumstances for a seed or a seal to
22 become dislodged and change that to likely under
23 normal circumstances.

24 Basically, anything is possible, whereas
25 a better assessment of whether it was reasonable to

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1 discharge the patient is whether it was likely to
2 have been able to be predicted by the authorized user.
3 Next slide.

4 Okay, in terms of medical event, the
5 subcommittee agrees with the proposed definition of
6 medical event for temporary implants, which is the
7 current FDA clearance for this applicator.

8 However, if the manufacturer were to
9 obtain approval for permanent implantation, then the
10 subcommittee would recommend that the definition for
11 medical event be the same as for other permanent
12 brachytherapy applications.

13 As many on this call are well aware, that
14 was the subject of significant debate for a long
15 period of time and modifications to the rule were
16 made a couple of years ago that have had a positive
17 effect, and those principles would apply to other
18 permanent brachytherapy as well.

19 So, if this source is licensed eventually
20 under for permanent brachytherapy use, the medical
21 event definition needs to follow that.

22 So, as an aside, the draft guidance does
23 state that even if the source is later authorized by
24 FDA for permanent use, there is not an expectation by
25 the authors of the guidance to need to make revisions.

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1 So, that if that is the case, then we
2 would recommend adding a definition for medical event
3 and the setting of permanent implantation to the
4 current licensing so that when that eventuality does
5 occur, there indeed is no need for NRC to reissue the
6 guidance. Next slide.

7 There is a suggestion in the licensing
8 guidelines that there be a documentation of the
9 locations a patient is likely to be. The subcommittee
10 does not believe this documentation of where the
11 patient anticipates to spend significant time would
12 really add any safety benefit. We do not support,
13 therefore, this documentation requirement without any
14 clear use for it. Next slide.

15 CHAIR METTER: Thank you, Dr. Ennis, for
16 your presentation. Now I'd like to turn it over to
17 Sarah Lopas to entertain any questions for the report
18 by either the ACMUI, staff and then followed by that
19 of the public. Ms. Lopas?

20 MS. LOPAS: Thank you, Dr. Metter. So, to
21 make a comment, we would ask that you all press --
22 use the hand icon. So, just click on the hand icon
23 if you're using Teams.

24 If you're on the phone and you would like
25 to make a comment, you're just going to press star,

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1 five on your phone and that's going to raise your
2 hand.

3 So, I have to enable your microphone, so
4 that's what's going on here. So, I'll just keep an
5 eye out for any raised hands. So, press star, five
6 if you're on the phone or press the hand icon if
7 you're using the Teams interface here on our computer
8 or on your cell phone if you have logged into Teams
9 on your cell phone.

10 MR. EINBERG: Just -- and this is Chris
11 Einberg. Just a point of clarification, Dr. Metter
12 and Sarah.

13 MS. LOPAS: Okay.

14 MR. EINBERG: The ACMUI is discussing
15 comments first and then it will go the public.

16 MS. LOPAS: Okay, all right, we'll take
17 that back. Let's hold off on comments, but now you
18 know how to do it. So, Dr. Metter, I'll send it back
19 to you to lead the conversation with the ACMUI.

20 CHAIR METTER: Yes, thank you, and thank
21 you, Chris, for that clarification. Are there any
22 comments by the ACMUI members on Dr. Ennis' draft
23 report on the Alpha DaRT manual brachytherapy
24 licensing guidance?

25 (Pause.)

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1 MS. LOPAS: And ACMUI folks, you'll just
2 have to remember to unmute yourselves if you're
3 trying to speak.

4 CHAIR METTER: I'm not seeing any hands
5 raised or any comments.

6 MS. LOPAS: I am not seeing any either,
7 Dr. Metter.

8 CHAIR METTER: Okay, thank you. I'd like
9 to also entertain if there are any NRC staff that
10 would like to make comments on the subcommittee
11 report?

12 (No response.)

13 CHAIR METTER: Okay, I'm also not seeing
14 any hands raised or anybody making comments on this.
15 So, do you see that too, Ms. Lopas?

16 MS. LOPAS: Correct, I'm not seeing any
17 hands raised.

18 CHAIR METTER: Okay, so now we'll go
19 ahead and turn it over to public comments.

20 MS. LOPAS: Okay.

21 CHAIR METTER: I'll let you take that,
22 Ms. Lopas.

23 MS. LOPAS: Yes.

24 CHAIR METTER: Thank you.

25 MS. LOPAS: Yes, so I'm back opening up

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1 the public comments. So, as I said, use the hand
2 icon to make a comment and I will enable your
3 microphone, and then you will have to unmute
4 yourself, all right? I see Ralph. Ralph, I'm going
5 to go ahead and allow your microphone and now you
6 just unmute yourself, Ralph, and you'll be able to
7 speak.

8 MR. LIETO: Hi, is it working?

9 MS. LOPAS: It is. We can hear you.

10 MR. LIETO: Okay, thank you, and thank
11 you for the opportunity to ask questions. I just
12 really have two questions of clarification, one for
13 the committee and one for NRC staff.

14 For NRC staff, regarding this report,
15 when you say it's a draft, does it mean that after
16 the comments, and assuming it's all accepted by the
17 ACMUI, does this report or guidance go out for draft
18 or for comment by the public or is this the only time
19 where the public is going to be able to comment on
20 revisions?

21 MS. LOPAS: Chris, I'm wondering if
22 that's a process type question, or Katie, yeah, why
23 don't you go ahead and answer that one? Great, thank
24 you, Dr. Tapp.

25 DR. TAPP: Sure, this is Katie Tapp. So,

1 for licensing guidances, when they first come out,
2 they will, we'll take the ACMUI comments and then we
3 will go through our concurrence and management
4 review, legal review, and issue them without public
5 comment.

6 That being said, in this case, it is
7 likely we will send it to the manufacturer to make
8 sure, to get any comments from them, as well as this
9 is such an early guidance, early in the use of this
10 product in the United States, so we will continue to
11 keep an eye on the product and the uses.

12 And we'll gather information as it starts
13 to be used more and we can update it if necessary, if
14 we find something that needs to be changed or a new
15 safety hazard that wasn't evaluated during the
16 research protocols. If we find something new, it can
17 be updated at that time.

18 So, as it goes out and is being used in
19 this research time, we can receive comments from the
20 users, from the manufacturers, and from the public,
21 and update it as necessary.

22 MR. LIETO: So, there would not be -- so
23 I'm gathering what you're saying is that yes, the
24 public can comment now, and there's not necessarily
25 a deadline for comments, but I would assume that you

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1 would want them probably sooner than the manufacturer
2 completing their assessment?

3 DR. TAPP: Yes, if you have some comments
4 on the draft report, you can send them to us, as well
5 as we can take them later, but if you get them in
6 before it's used first, that would be something we
7 would look at.

8 MR. LIETO: Approximately how long would
9 that be?

10 DR. TAPP: It's always hard to tell. We
11 do expect to have it published by late winter --

12 MR. LIETO: Okay, all right.

13 DR. TAPP: -- assuming there's no other
14 --

15 MR. LIETO: So, if you get it like in the
16 next 30, 60 days, that would be --

17 DR. TAPP: Yes.

18 MR. LIETO: -- reasonable?

19 DR. TAPP: Yes.

20 MR. LIETO: Okay.

21 DR. TAPP: But we do not expect it to
22 need a public comment period.

23 MR. LIETO: Okay, okay.

24 DR. TAPP: Thank you.

25 MR. LIETO: And my other question for the

1 committee was just I had a little misunderstanding or
2 I'm not sure if I understood the medical event
3 recommendation, and if they could maybe just clarify
4 that, I'd appreciate that.

5 MEMBER ENNIS: Sure, so the medical event
6 definition in permanent brachytherapy, it was found
7 that a dose-based definition could, did result in a
8 substantial number of medical events that were really
9 not genuinely medical events just because of the high
10 sensitivity of the dose distribution with slight
11 variations in seed placements that is inherent in a
12 permanent placement.

13 And without an ability to control the
14 dwell time because it's permanent, there's no way to
15 adjust for that as opposed to temporary
16 brachytherapy. We can always adjust the dwell times.

17 So, an activity-based definition was
18 adopted such that the activity has to be implanted in
19 the organ or the target site as prescribed, as planned
20 beforehand, and a medical event is assessed on that
21 basis.

22 And that, you know, had been working well
23 in the permanent brachytherapy space, and would be
24 the recommendation if this were used for permanent
25 applications for the same reasons.

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1 MS. LOPAS: All right, thank you, Dr.
2 Ennis. Hey, Dr. Donna-Beth Howe, I see you have your
3 hand raised. Go ahead.

4 DR. HOWE: Yeah, this is just a
5 clarification that when we issue guidance for 35.1000
6 uses, that unlike other guidance documents, it's
7 always considered open and we always can receive new
8 comments on it.

9 We may not revise the guidance right away
10 to address new comments, but we keep track of them,
11 and when we think that it's time to revise the
12 guidance, we will.

13 So, there is no set comment period. You
14 need to get your comments in early for the first
15 guidance document, but once the document is posted,
16 NRC receives comments at any time. Thank you.

17 MS. LOPAS: All right, thank you, Dr.
18 Howe. So, press the hand icon if you have a comment
19 for the ACMUI, and if you're on your cell phone if
20 you called into today's meeting, you'll just press
21 star, five, and we'll give it one last call for this
22 presentation on Alpha DaRT.

23 And then, Chris, after Alpha DaRT, would
24 we then just move onto the next presentation? Is
25 that correct?

1 MR. EINBERG: No, then there should be a
2 motion to adopt the report, and then if the committee
3 that votes on it and then adopts it, the full report,
4 and then --

5 MS. LOPAS: Right.

6 MR. EINBERG: -- it becomes a committee
7 report.

8 MS. LOPAS: Okay, great, thank you. All
9 right, I'm just giving it another scan. I see no
10 hands raised, so I think, Dr. Metter, we can move
11 forward.

12 CHAIR METTER: Thank you, Sarah, for
13 entertaining those questions and comments. So, at
14 this point in time, as Chris had mentioned, I would
15 like a motion to approve the subcommittee report on
16 the Alpha DaRT licensing guidance. Do I have a motion
17 to approve the report?

18 MEMBER JADVAR: Motion to approve, Hossein
19 Jadvar.

20 CHAIR METTER: Thank you, Doctor.

21 MEMBER WOLKOV: Harvey Wolkov, second.

22 CHAIR METTER: Thank you, Dr. Wolkov,
23 second. Any discussion? Okay, all in favor, say
24 aye.

25 (Chorus of aye.)

1 CHAIR METTER: Any opposed or abstained?
2 Hearing none, the subcommittee report is
3 unanimously approved by the ACMUI.
4 So, our next presentation is by Ms. Megan
5 Shober, our agreement state representative, who will
6 present the ACMUI subcommittee report on the CivaDerm
7 draft report on the NRC staff's additional
8 consideration memo for CivaDerm, and she'll comment
9 on the licensing guidance for this CivaDerm. Ms.
10 Shober?
11 MEMBER SHOBER: Thank you. I did switch
12 my microphone. I just want to make sure that you can
13 hear this one better?
14 MS. LOPAS: Yeah, we can. You sound
15 great, Megan. Thank you.
16 MEMBER SHOBER: Okay, all right. Okay,
17 so a couple of months ago, Dr. Metter charged the Reg
18 Guide 8.39 Subcommittee to review the draft CivaDerm
19 licensing guidance with regard to patient release.
20 So, next slide, please.
21 These are the subcommittee members.
22 Again, this is the same subcommittee as was
23 evaluating Reg Guide 8.39. Katie Tapp served as the
24 NRC staff resource for the CivaDerm guidance as well.
25 Next slide, please.

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1 And our charge, as I mentioned, was to
2 review this draft licensing guidance specifically
3 with regard to patient release in line with the draft
4 revision to the Reg Guide 8.39. Next slide, please.

5 So, CivaTech Oncology has the CivaDerm
6 manual brachytherapy device. It contains sealed
7 palladium-103 sources, and it's FDA approved for use
8 as intraoperative or superficial temporary
9 brachytherapy source to treat skin cancer or other
10 lesions. The primary intended use is superficial
11 application.

12 So, NRC did evaluate this product and has
13 determined that the use of CivaDerm will be licensed
14 under 10 CFR 35.400, which is manual brachytherapy,
15 because radiation protection concerns for this device
16 are adequately covered under existing regulations in
17 10 CFR 35 Subpart F.

18 However, NRC staff determined that
19 additional guidance may be needed regarding patient
20 release because the sources have the potential to
21 become dislodged during the treatment.

22 NRC did add a relevant section in the
23 Draft Regulatory Guide 8.39 but is expecting that reg
24 guide to take some time to finalize, and since
25 CivaDerm is already approved by the FDA, NRC decided

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1 to prepare separate guidance for CivaDerm at this
2 time. Next slide.

3 So, within the subcommittee, we really
4 had a couple of questions that we wanted to focus on.
5 The first one is again NRC identified that this
6 CivaDerm product has, the sources have the potential
7 to become dislodged. So, within the subcommittee, we
8 discussed what is the potential for the sources to
9 become dislodged?

10 And then following up on that, does an
11 increased risk of dislodgement warrant additional
12 patient release considerations? So, those were
13 really the two core questions that the subcommittee
14 looked at. Next slide, please.

15 So, after discussions, we do have a
16 number of recommendations. The subcommittee agrees
17 that CivaDerm should be licensed under 10 CFR 35.400.
18 We agree with NRC that the radiation safety issues
19 that are presented are already covered by 10 CFR 35
20 Subpart F.

21 And then we, as the subcommittee, also
22 recommended developing much shorter guidance that
23 focuses on the consequences of loose or dislodged
24 sources.

25 Because CivaDerm can be regulated under

1 10 CFR 35 Subpart F, the regulations are already all
2 there, so any guidance the NRC wants to put out should
3 be very focused on the specific concern of this
4 particular product, in this case, the loose or
5 dislodged sources. Next slide, please.

6 As the subcommittee, we do believe that
7 it's highly unlikely for public dose limits to be
8 exceeded even if a dislodged palladium-103 source is
9 able to expose bystanders to radiation.

10 Part of the reason for that is because
11 palladium-103 does have a very low energy gamma, so
12 the gamma does not travel very far, and the public
13 dose limits are based on effective dose equivalent,
14 100 millirem effective dose equivalent, and with a
15 low-energy gamma emitter, it's very difficult to have
16 a whole body exposure with the low-energy gamma.

17 So, the subcommittee does believe that it
18 would be very difficult to exceed a public dose limit
19 from a source that is dislodged from the CivaDerm
20 application. Next slide, please.

21 The subcommittee also believes that other
22 temporary brachytherapy sources have similar risks of
23 becoming loose or dislodged. The most similar type
24 of therapy would be with an eye plaque, I-125 eye
25 plaque, so the risks that CivaDerm presents are not

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1 brand-new.

2 The regulating community has been working
3 with these types of risks for a long time and we
4 haven't seen, for example, eye plaque seeds that have
5 come out from applicators very often. It's not a
6 common problem.

7 And then again, just we, the subcommittee
8 feels that the guidance that NRC put out for lutetium-
9 177 is a much better model in terms of what this draft
10 guidance should look like. It's very concise. It
11 focuses on the specific issue at hand, so we did make
12 a number of editorial recommendations to bring it in
13 line with that type of format. Next slide.

14 And that completes the presentation.
15 Thank you.

16 CHAIR METTER: Thank you, Ms. Shober, for
17 your thorough report by your subcommittee on this new
18 product. Are there any questions from the ACMUI for
19 Ms. Shober? Okay, seeing none, any questions from
20 the NRC staff? Also seeing none, I now turn it over
21 to Ms. Lopas who will now address any comments from
22 the public. Thank you.

23 MS. LOPAS: So again, use the hand icon
24 up at the top of your Teams screen if you'd like to
25 make a comment for the ACMUI and NRC staff's

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1 consideration, or you press star, five if you used
2 your phone to call in, and I'll keep an eye out for
3 any raised hands.

4 And I just wanted to check in with Mr.
5 Mailman. You're able to enable your microphone,
6 correct, Mr. Mailman? I saw that you were disabled
7 temporarily. Josh, are you -- I just wanted to check
8 in on your audio. Are you good, Josh?

9 Okay, I see a hand raised. All right,
10 Josh, you should be able to unmute yourself. Your
11 microphone is enabled, so, unless you're maybe having
12 Teams issues, and if you're having Teams issues, I
13 can email you quickly or you could try to call in
14 with your cell phone and maybe you could just send me
15 your -- and raise your hand once you get on your cell
16 phone if you are having Teams audio issues. I
17 apologize for that, Josh.

18 Katie, is that you with your hand raised?

19 DR. TAPP: I was just trying to help.

20 MS. LOPAS: Okay, all right, okay, I'm
21 seeing one hand raised here from a member of the
22 public, Matthew Williamson. Matthew, your microphone
23 has been enabled, so you'll just need to unmute
24 yourself and then please introduce yourself and go
25 ahead and provide your comment.

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1 MR. WILLIAMSON: Thank you very much,
2 ma'am. My name is Matthew Williamson. I'm interested
3 -- I understand this is an ACMUI review and not the
4 Commission's review, but when we're talking about
5 guidance being issued, since it's not under emerging
6 technologies like the Part 1000, would the guidance,
7 do we expect the guidance would be under something
8 like a generic letter or an information notice? Can
9 anybody comment?

10 DR. TAPP: Yes, this is Katie Tapp. When
11 we do an emerging technology, a medical emerging
12 technology review, and we find that there is some
13 considerations we want to share with the regions, and
14 our license reviewers, and with the states, we
15 generally send those out through a memo to the regions
16 as well as an STC or state and tribal letter, I
17 believe, to the states.

18 We do post them then on our medical
19 toolkit webpage and they're linked closely to the
20 emerging technology licensing guidance documents
21 there. So, they are publicly available, but the
22 guidance is to the license reviewers and to the
23 inspectors and then they can share with licensees as
24 they deem appropriate.

25 So, that's generally where we would put

1 this type of guidance. If something is more universal
2 or requires a generic communication, it could go
3 there, but in this case, we're recommending a memo to
4 our license reviewers and inspectors.

5 MR. WILLIAMSON: Thank you.

6 DR. TAPP: You're welcome.

7 MS. LOPAS: Okay, so one last call for
8 comments on CivaDerm? All right, I am seeing none,
9 Dr. Metter, so I will hand it back to you.

10 And Josh, just to let you know, I'm
11 sending you an email right now about maybe
12 potentially calling into the meeting if you're having
13 issues with your Teams on your computer. I apologize.

14 CHAIR METTER: Well, thank you, Sarah.
15 It looks like Josh did have some comments, and so,
16 Chris, how could we go ahead and do this before we
17 vote?

18 MR. EINBERG: Did he put his comments in
19 the conversation or how do you know that he has
20 comments?

21 CHAIR METTER: He was trying to speak and
22 he was unmuted, but he had been enabled on our side.

23 MR. EINBERG: Okay, in that case, Dr.
24 Metter, I would recommend that we table voting on
25 this and just move to the next presentation, and then

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1 we circle back on this presentation and do a vote
2 when Josh can give his comments.

3 CHAIR METTER: Excellent suggestion. So,
4 given that, let's move onto our next presentation.
5 Can we have the next slides, please?

6 So, our next presenter is again Ms.
7 Shober who has been working very, very hard for our
8 committee as you can see, but she will present the
9 subcommittee review of the draft revision of
10 Regulatory Guide 8.39, Revision 2, release of
11 patients administered radiopharmaceuticals draft
12 report on the NRC staff's draft revision of this reg
13 guide 8.39, Revision 2. So, Megan, it's all yours.

14 MEMBER SHOBER: Okay, thank you. Next
15 slide, please. So, the Regulatory Guide 8.39
16 subcommittee is composed of Dr. Dilsizian, Dr.
17 Jadvar, Mr. Mailman, Ms. Martin, and myself. Mike
18 Sheetz has served as a consultant to the subcommittee
19 since his resignation from the ACMUI in September,
20 and Dr. Katie Tapp has been the NRC staff resource.
21 Next slide, please.

22 This subcommittee was actually formed
23 quite a long time ago in September of 2018 to review
24 NRC staff's draft proposed revisions to Reg Guide
25 8.39. Reg Guide 8.39 was initially issued in April

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1 of 1997 and then Revision 1 to this reg guide was
2 issued in April of 2020.

3 So, the subcommittee began work again
4 late this summer with the draft Revision 2, and this
5 draft, it includes significant changes to the
6 underlying dosimetry, the dosimetric modeling behind
7 the release, patient release calculations and
8 consideration. And, next slide, please.

9 Okay, you can continue to the next slide.
10 So, the subcommittee did have some general comments
11 about the Draft Phase 2 revision which we'll go
12 through in greater detail.

13 One of the general comments we had is
14 although the Phase 1 revision focused on changes to
15 the patient instructions, when the Draft Phase 2
16 revision was released to the subcommittee for
17 comment, we noticed that there were some changes to
18 the patient instruction sections.

19 So, we have included some recommendations
20 in this content area because we feel like the changes
21 that were made in the patient instruction section
22 negatively impacted the communication, so we do have
23 a couple of comments in that.

24 And then just kind of as a general
25 overarching comment, the subcommittee wants to

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1 emphasize that it is important for the content of the
2 guidance to be as clear as it can be and as easy to
3 understand as it can be because this document is used
4 by patients and the general public.

5 So, to the extent that the guidance can
6 be, the complexity can be communicated in a way that's
7 as accessible as possible, we feel like that is an
8 important goal for this reg guide. Next slide,
9 please.

10 So, to move into some of the more
11 specific recommendations here, again Section 4.2
12 which dealt with the instructions, we recommend that
13 these instructions be reordered to the original
14 sequence, meaning how they were formatted for the
15 Phase 1 revision.

16 We do want to emphasize up front and
17 throughout that when patients are released, the
18 primary source of radiation dose to other individuals
19 is from external exposure to the patient, and so
20 therefore, the most important precautions to take are
21 measures which will reduce or avoid external
22 radiation exposure from the patient, and this is most
23 important in the first hours after release.

24 And to that end, although there are
25 simple things that patients can do to limit the spread

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1 of radioactive contamination, those measures should
2 not detract from the external precautions because
3 again, the external dose is the more significant
4 cause of radiation dose to bystanders. Next slide,
5 please.

6 So, just to get into some general
7 comments about the changes to the dosimetric models,
8 so with this revision to this reg guide, one of the
9 main changes is that for isotopes with half-lives
10 exceeding 24 hours, the underlying dosimetric model
11 assumes an occupancy factor of one at one meter, and
12 this is a significant conservatism compared to the
13 previous modeling which used an occupancy factor of
14 0.25 at one meter.

15 So, the subcommittee's concern with this
16 is that it significantly decreases the activity
17 levels at which patient-specific calculations are
18 required and also the activity levels at which
19 instructions are required.

20 And for example, iodine-131 is one of the
21 isotopes that would be subject to this increased
22 occupancy factor and those activity levels at which
23 patient-specific dose calculations are required are
24 a factor of four lower than they were before.

25 And the subcommittee also wants to point

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1 out that this Phase 2 draft revision is not consistent
2 with the recordkeeping requirement in 10 CFR
3 35.2075(a) which requires retention of a patient
4 release record in situations where you'd --

5 It's tied to the 0.25 occupancy factor at
6 one meter, and so that recordkeeping requirement is
7 not consistent with the draft in the proposed Phase
8 2 revision. Next slide, please.

9 The subcommittee recommends two sections
10 be removed from this draft regulatory guide, Sections
11 1.3 and 3.3 which address release of a patient after
12 a hold time.

13 Holding a patient after
14 radiopharmaceutical administration to allow for decay
15 is not practical and most of these patients would
16 typically be released based on a dose rate at one
17 meter or by a patient-specific calculation, and so
18 requiring a fixed hold time is not really practical.
19 Next slide, please.

20 As the subcommittee discussed the
21 specific elements that went into the underlying
22 dosimetric model, we believe that these modifying
23 factors and the examples are overly complex and
24 should be simplified.

25 So, being able to get data in order to

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1 assign a value to the attenuation and geometric
2 modifying factors, it requires a lot more information
3 than is typically collected by nuclear medicine
4 staff, and it requires licensees to predict
5 unrealistically what is going to happen after the
6 patient is released for quite a significant period of
7 time.

8 So, the subcommittee recommends
9 eliminating the attenuation and geometric modifying
10 factors and looking for other places where certain
11 pieces of that information can be simplified to
12 better and more simply represent the conditions.

13 And then as far as the example
14 calculations go, I really feel that to the extent
15 that the reg guide can provide really good sample
16 calculations, that's what licensees are going to want
17 to be able to follow.

18 And so, the subcommittee also is
19 recommending beefing up those example calculations,
20 maybe providing a couple different hypothetical
21 situations that licensees can really track through
22 and follow how to apply this dosimetric modeling for
23 the kinds of situations that they run into
24 clinically. Next slide, please.

25 And then with regard to Section 6,

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1 material separated from the patient, obviously this
2 is the section that was added specifically with
3 CivaDerm in mind. The subcommittee does not feel
4 like this section should be included in Reg Guide
5 8.39.

6 There is disagreement about, with NRC's
7 position about when or if dose limits in 10 CFR 20
8 apply versus when dose limits in 10 CFR 35 apply with
9 the radioactive material that comes originally from
10 a patient treatment.

11 And the other factor that goes into this
12 with material separated from the patient is that the
13 licensee can't reasonably predict when this type of
14 situation may occur, and it would be very difficult
15 to know how or if that exposure, like that source
16 caused an exposure to a bystander.

17 So, at this point, the subcommittee
18 doesn't see the value in that section, material
19 separated from the patient, and we recommend that it
20 be deleted. Next slide, please.

21 We had a couple of comments in Section
22 4.3 regarding the death of a patient following
23 administration or implants, and this is just kind of
24 a general recommendation to consider potential
25 exposures from cremation of an individual who had

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1 recently either received a permanent implant or
2 radiopharmaceutical administration prior to death.
3 Next slide, please.

4 And then just in general, we did provide
5 a number of comments, specific comments with the hope
6 of making the content clearer and easier to
7 understand. Next slide, please.

8 All right, that concludes the
9 presentation. Thank you.

10 CHAIR METTER: Thank you, Ms. Shoher, for
11 that very excellent presentation and very thorough
12 review. Now I'd like to ask if there are any
13 questions from the subcommittee or the ACMUI? Okay,
14 seeing none and seeing no hands raised, I would like
15 to go ahead and see if there are any comments from
16 the NRC staff or questions?

17 Okay, also seeing none, at this time, let
18 me go ahead and turn it over to Ms. Lopas for
19 entertaining comments or questions from the public.
20 Thank you.

21 MS. LOPAS: So, to make a comment -- yeah,
22 I was muted. Thank you. I can't even follow my own
23 directions, right?

24 So, to make a comment, please use the
25 raise hand function. It's the little kind of hand

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1 icon that you just click on at the top of your screen.
2 After I have called on you, feel free to click that
3 little hand icon again to lower your hand.

4 So, we're going to just go in the order
5 that I'm seeing some raised hands. If you're on the
6 phone and you need to make a comment, remember you'll
7 press star, five.

8 So, I'm going to first enable Matthew
9 Williamson's microphone. So, Matthew, just go ahead
10 and unmute yourself. You have been enabled.

11 MR. WILLIAMSON: Fantastic, thank you. I
12 just had a quick question about patient retention and
13 how it was dissuaded waiting for biological decay or
14 excretion. Can you clarify that?

15 So, obviously we don't want to release a
16 patient if they're going to expose the public to more
17 than 500 millirem, so how else would we do that if we
18 don't hold the patient for decay or elimination?

19 MS. LOPAS: Okay, so unless I have a
20 member of the ACMUI or Dr. Tapp who'd want to respond
21 to that, that may be just a comment that we take back.

22 DR. TAPP: I would comment just that
23 there is some supporting documents that have gone out
24 and are being linked to the public website for the
25 NRC's evaluation for the reg guide, so that might be

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1 able to provide a more concrete answer to that
2 question, but it -- and, yes, we will take that
3 comment.

4 MR. SHEETZ: This is Mike Sheetz.

5 DR. TAPP: Go ahead, Mike.

6 MR. SHEETZ: Hi, there were some examples
7 provided where the holding would be like for four
8 hours or six hours, and so that was our concern, that
9 really that's impractical to hold a patient the same
10 day that you would administer the material.

11 And if you were going to do that, you
12 would simply use the, you know, the exposure rate
13 from the patient or patient-specific calculations to
14 make the determination that it would be less than 500
15 millirems dose.

16 This was not intended to not be used for,
17 you know, if you treated the patient as an inpatient
18 and held them for one, or two, or three days, but
19 then again, I think you would be using exposure rate
20 measurements and not really trying to calculate a
21 hold time based on decay or an assumed biological
22 elimination. Thank you.

23 MS. LOPAS: Thank you, Mike. All right,
24 the next commenter that we have up is Peter Crane.
25 Peter, I am going to allow your microphone and you'll

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1 just need to unmute yourself.

2 MR. CRANE: Okay, thank you, appreciate
3 it. Okay, you wanted an introduction. My name is
4 Peter Crane. I am the retired counsel for special
5 projects at the Nuclear Regulatory Commission Office
6 of General Counsel.

7 I've been involved in this issue for a
8 long time. I've spoken on issues relating to
9 radiation and thyroid cancer at conferences in
10 Cambridge, England, Moscow, and Bonn, Germany.

11 I'm also a 48-year survivor of thyroid
12 cancer. I've been treated multiple times with
13 iodine-131, and I've been active in the Thyroid
14 Cancer Survivors' Association for many years and have
15 come in contact with hundreds, many hundreds of
16 thyroid cancer patients in that time, and I have a
17 pretty good idea of what is happening out in the real
18 world.

19 I am troubled that not only is the
20 regulatory guide deficient, but the comments of the
21 ACMUI subcommittee would make it even more so. Mr.
22 Williamson's comment, for example, is entirely on
23 target.

24 There are places, responsible places
25 where they say we will put you in a room for a while.

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1 Wait until you have your first urination because so
2 much of the material is eliminated in that time. I
3 think it's Cleveland Clinic that will hold people for
4 23 hours because then they don't get -- insurance
5 doesn't regard it as an overnight stay, but you get
6 an awful lot of the iodine-131 out through the urine.

7 There is a major problem with the --
8 incidentally, I have submitted a statement for the
9 record. You know, I could read it into the record,
10 but I think that's probably unnecessary.

11 MS. LOPAS: Right, we will append that to
12 the transcript.

13 MR. CRANE: Fine.

14 MS. LOPAS: So, Mr. Crane, it will be
15 entirely public.

16 MR. CRANE: Fine. So, let me just speak.
17 There is one good thing that's said in the regulatory
18 guide where it says the NRC notes that the dose limits
19 in 10 CFR Part 35 differ from many international
20 regulatory requirements. Well, that's a fact.

21 That's been a fact for 25 years and
22 there's never been an adequate justification for it
23 from the staff or from the ACMUI. We are outliers in
24 the world community, to a shocking extent to the world
25 community.

1 I can tell you because I went to a meeting
2 in Bonn of the International Atomic Energy Agency on
3 Radiation Safety in Medicine, and the idea that
4 patients were going with high doses of I-131 in their
5 systems to hotels and that those hotel rooms were
6 being cleaned up by workers, possibly pregnant, who
7 had no idea that there was radiation in there, they
8 were shocked.

9 And believe me, this happens. Do you
10 know the Braidwood Hotel incident? I think that was
11 2007 when somebody set off -- a new employee in a
12 nuclear power plant in Braidwood, Illinois set off
13 the radiation monitors. Why? And they were puzzled.
14 They were baffled because he was a new hire and he
15 hadn't gone near the hot areas of the plant.

16 The answer was that he had slept in the
17 Braidwood Motel, and the previous person to sleep in
18 the Braidwood Motel was a patient who had just been
19 released after outpatient I-131 treatment and had
20 gone to the hotel, the motel because she didn't want
21 to expose her family.

22 She left enough radiation in the room to
23 contaminate the worker and set off the alarms in the
24 nuclear power plant. That is, I mean, not only is
25 that shocking and irresponsible, but, you know, it

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1 can't simply be passed over in silence.

2 The crux of the matter is that in 1986,
3 the NRC said, quite rightly, in rejecting the idea
4 that you could base release on external dose to
5 others, said that the dose was both from external and
6 internal exposure and that trying to figure out the
7 exposure to others, the external exposure, was too
8 problematic. It was too tenuous because you just
9 didn't know. Well, it's too hard to predict, and
10 that certainly the ACMUI subcommittee agrees with
11 that about, you know, predicting people's behavior.
12 You can't do it. The question is whether you're going
13 to err on the side of caution.

14 The NRC was right in that respect in
15 1986, and then in 1987, suddenly internal dose got
16 eliminated. Why did it get eliminated? Because the
17 NRC was placing primary reliance on a medical
18 consultant named Myron Pollycove, who was a very nice
19 guy.

20 He was an elderly doctor, but he was a
21 leading member of the hormesis movement, and the
22 hormesis movement which says that radiation is good
23 for you, that even the effects of a dirty bomb could
24 be beneficial to health if you didn't get exposed to
25 the blast, that I-131 is not carcinogenic, and that

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1 any effect, any health effect of a major nuclear
2 accident, if any, would be positive.

3 Now, with all respect to the late Dr.
4 Pollycove, those views are kooky, and time and again,
5 the NRC relied on that. Well, time passes and the
6 ICRP -- so, the international community got more and
7 more concerned about internal dose after Chernobyl
8 because of the 7,000 thyroid cancers in children
9 exposed to fallout from Chernobyl, and a lot of that
10 was internal dose of I-131.

11 So, ICRP, the International Commission on
12 Radiation Protection, came out in 1997 with a report
13 that highlighted the danger from internal dose to
14 children, and the issue -- and commenters, expert
15 commenters, people with doctorates and medical
16 degrees will tell you, and the ICRP will tell you
17 that the external dose is the greater risk to adults.

18 Internal dose is the greater threat to
19 children, and children are far more radiation
20 sensitive. You can find this in things written even
21 by people who are major supporters of this rule. They
22 somehow flip at some point on the subject as they
23 justify this rule.

24 So, I had filed a petition in 2005 asking
25 for revision of the current rule and the NRC denied

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1 it, but they noted that, it noted that the ICRP had
2 addressed it and it quite frankly confessed that the
3 NRC had understated the risk to children from I-131.

4 So, they said but rulemaking would take
5 lots of time. We will handle it in guidance, so
6 indeed, they did handle it in guidance. They put out
7 RIS 2008 something which said you should, licensees
8 should seriously consider hospitalizing patients who
9 have young children at home, and it acknowledged that
10 it had failed to take adequate account of internal
11 dose.

12 Well, that was sensible, but suddenly
13 that's gone. That's gone from this reg guide and
14 it's only going to be made worse by the subcommittee's
15 recommendation which is let's talk about external
16 dose. Let's not let considerations of internal dose
17 interfere with the message that it's all about
18 external dose. It isn't. And there are a couple of
19 other things.

20 This is kind of angels dancing on a head
21 of a pin. It bears no relation to what is happening
22 in the real world. And you don't have to rely on me,
23 and I'm sure you won't, for a description of what's
24 happening in the real world.

25 You can look at a couple of ACMUI

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1 members, including the former chairman, Leon Malamud,
2 who said we whisk -- all patients are treated as
3 outpatients at his hospital, which was Temple
4 University in Philadelphia. We whisk them out the
5 doors as quickly as possible. And he explained that
6 the I-131 patient, he said, is an unwanted guest, and
7 he gave three reasons.

8 One is that hospital staff is scared of
9 them and doesn't want to deal with them. The second
10 is that when you have an I-131 inpatient, you have to
11 leave the adjoining rooms vacant because of the
12 radiation coming through the walls, and the third is,
13 and I quote, their wonderful insurance won't pay for
14 it.

15 The other person in the same meeting was
16 Dr. Douglas Eggli, a practitioner, and he said ever
17 since the patient release rule went into effect, it's
18 pulling teeth to get insurance authorization for less
19 than 200 millicuries even when family situations
20 require it.

21 MS. LOPAS: Mr. Crane, I'm going to have
22 to ask you to wrap up because we do have another
23 commenter behind you, but, you know, because I want
24 to kind of get to the heart of this reg guide and --

25 MR. CRANE: Okay.

1 MS. LOPAS: You've been going on for --
2 I'm letting you go for about 13 minutes at this point,
3 or about 12 minutes, so.

4 MR. CRANE: Okay, okay, well --

5 MS. LOPAS: So, if you could give me a
6 closing, a nice closing statement? And I want to
7 point out that this reg guide will go out for public
8 comment as well, and, of course, we do have your
9 entire five-page written statement that will appended
10 to this transcript, so it will be publicly available
11 with the transcript.

12 MR. CRANE: Right, I will just wrap up by
13 saying I could give you examples of hospitals. All
14 you have to do is call a hospital nuclear medicine
15 department. They say yes, we send them out the door
16 with 200 millicuries all the time.

17 Do you ever send them to hotels? Yes,
18 some of our patients come from Alaska. I'm in Seattle
19 and this was a Seattle hospital. They can't board a
20 plane.

21 I said you know the NRC disapproves of
22 that, strongly discourages that. That seems to have
23 vanished from this reg guide. That was taken into
24 account. You know the state of Washington says not
25 to do it. That was taken into account.

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1 That's what happens when you have non-
2 binding guidance. It's ignored. They whisk them out
3 the doors. That's the reality. All this fancy stuff
4 about calculations, it doesn't happen. This is
5 fantasy world and it's extremely unfortunate.

6 And there is something very wrong, I
7 think, and I will wrap up with this, something very
8 wrong if the maximum dose with which somebody can be
9 let out of the hospital in most of the world,
10 including the third world, is no higher than 15
11 millicuries, and in much of Europe, it's 12
12 millicuries or eight millicuries, and here, we're
13 whisking them out the doors with 200 and 250 and
14 sending them home to their small children with
15 conflicting and minimal safety guidance.

16 It should be a disgrace to the NRC, a
17 disgrace to the U.S. government that it evidently
18 puts a lower priority on protecting children from the
19 carcinogenic and other disease-causing effects of
20 radiation than Bangladesh, South Africa, the
21 Philippines, and innumerable other countries.

22 MS. LOPAS: All right, thank you, Mr.
23 Crane. We appreciate your input, and like I said,
24 your comment will be attached to the transcript.

25 Just a reminder, I saw somebody kind of

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1 lower their hand. Maybe they want to raise it again.
2 So, press the icon to raise your hand or star, five
3 on your phone.

4 So, David Michael Schuster, I'm going to
5 enable your mic and you will just have to unmute
6 yourself in order to speak.

7 DR. SCHUSTER: Thank you. I should be
8 unmuted now. Can you hear me?

9 MS. LOPAS: Yeah, we hear you.

10 DR. SCHUSTER: Perfect. I'm Dr. David
11 Schuster and I am the Division Director of Nuclear
12 Medicine at Emory University in Atlanta.

13 So, I'd like to take a contrary view to
14 what has just been expressed. We interview all our
15 patients, and also most of the academic centers I
16 know, and many other centers also interview their
17 patients. We do full consults a few weeks before.
18 We know exactly what situation the patient is in.

19 We don't treat them if they're going to
20 stay in a hotel, and in fact, there have been a few
21 cases where we found out they were planning to stay
22 in a hotel, and we withheld treatment until that
23 occurred that they made alternative arrangements.

24 So, we give them very detailed
25 instructions. We have a wonderful sheet occupancy

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1 factor where we ask over 20 questions to come up with
2 an occupancy factor made by our radiation safety
3 office, and I think we have a very good handle.

4 And people and physicians are, obviously
5 you're judging the patient like we do any other time
6 for any other therapy, and this can be done safely
7 and really without exposing the public to any undue
8 exposure.

9 And in fact, our experience has been the
10 patients come already with a lot of this knowledge
11 and they even may be doing more than we asked them
12 to. Now, I tell them, well, that's never a problem
13 if you want to do more than we're asking you to, but,
14 you know, this is what we do.

15 We go by how much they're given and how
16 many days they have to do, you know, each particular
17 activity, and if the NRC wanted to release, you know,
18 model guidance for something like that, that would be
19 fine, but, you know, to keep a patient for hours and
20 hours, even 23 hours, it's not practical, especially,
21 you know, in this time of where you need hospital
22 beds and hospital facilities for others.

23 So, just to finish, there have been
24 studies actually in other countries where they've
25 done this kind of guidance and sent the patients out,

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1 and not push the patients out the door, but sent the
2 patients out with adequate adult instructions for
3 adults and they've put radiation dosimeters both on
4 the patient, on their families, etcetera, and in all
5 cases, patients have not exposed the general public
6 to, you know, high doses of radiation.

7 So, I think this could be done very well.
8 This could be done very responsibly and to
9 characterize it otherwise, I think, is inaccurate.

10 MS. LOPAS: All right, thank you so much,
11 Dr. Schuster. The next comment we have will be from
12 Jeffrey Brunette. Jeffrey, I'm going to allow your
13 microphone and you'll just need to unmute yourself.

14 MR. BRUNETTE: There we go, got it.

15 MS. LOPAS: Yeah.

16 MR. BRUNETTE: So, I'm not going to
17 comment on either of the last two. I just wanted to
18 ask one question, and while I agree the patient-
19 specific factors calculation methods, I agree with
20 the point that they are overly complex, I was just
21 wondering if the comment about, you know,
22 understanding the patient's travel conditions and
23 things like that.

24 And attenuation and modifying factors,
25 while I think they could be simplified, there are

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1 studies, and I don't have it in front of me, but I
2 remember seeing Dr. Hertel talk about, I think it was
3 a Hertel and Dewji study that was published a long
4 time ago looking at this very point of patient travel,
5 and it's kind of a grail of mine because I kind of
6 did the same thing here at my facility prior to seeing
7 this document.

8 So, you know, I just wanted to -- I was
9 just curious if that was intended to say that, well,
10 we shouldn't worry about travel, or if it was intended
11 to be that you just want something simplified, and
12 I'll leave it at that and mute.

13 MS. LOPAS: Okay, all right, thank you.
14 We have the next comment from Steven Frank. Steven,
15 I'm going to enable your microphone and you will need
16 to unmute yourself, Steven, so you have to do a little
17 action on your part. We got it.

18 DR. FRANK: Yes, thank you, Steven Frank
19 from MD Anderson Cancer Center in Houston. I head
20 our prostate brachytherapy program and I just want to
21 make a couple of comments.

22 One, the factors of reducing to a quarter
23 of the current limits can have significant
24 implications on, you know, the release of patients.
25 We've --

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1 You know, a low-dose rate-brachytherapy
2 is a standard of care treatment methodology for the
3 treatment of prostate cancer and has been utilized
4 for the last several decades in these patients as an
5 outpatient procedure.

6 It's low cost, and if patients are going
7 to try to meet these specific limits, it could require
8 an additional stay at hospitals depending on the
9 isotope, and that isotope will cause unnecessary
10 expense to patients and a burden to the hospitals.

11 Furthermore, studies have been done on
12 exposure limits to family members and have
13 specifically calculated those exposure limits as less
14 than a flight from New York to San Francisco.

15 So, I think studies have been done, and
16 in characterizing these complex models, it probably
17 would be worthwhile to have the societies like ASTRO,
18 the American Society for Radiation Oncology, the
19 American Brachytherapy Society, which I was the
20 president of, and the AAPM, which is the American
21 Association of Physicists in Medicine, to further
22 weigh in on this new draft and recommendation. Thank
23 you.

24 MS. LOPAS: Thank you, and this draft
25 will go out for public comment. I believe that's

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1 correct. Dr. Tapp, do you have an estimate of when
2 this would go out for public comment?

3 DR. TAPP: I do not have an exact date
4 today, but we will take the comments from the ACMUI,
5 regions, and states and incorporate those into a
6 document.

7 If all goes well, we are looking at later
8 in the winter or early spring for public comment, but
9 it is -- we want to consider how extensive the
10 comments are from the ACMUI at this time and certainly
11 push a little bit.

12 MS. LOPAS: Okay, thank you, Dr. Tapp.
13 All right, so our next comment is from somebody on
14 the phone, so I'm going to enable your microphone.
15 Oh, the hand went down. So, I just saw a person on
16 the phone press star, five. If you're on the phone,
17 press star, five.

18 All right, I have another. Okay, so I'm
19 going to grab this person on the phone here and then,
20 Firas Mourtada, I see you next. I'll grab you next,
21 but I think the phone person --

22 So, I'm allowing the microphone for a
23 206-987 number, and all you'll need to do now is press
24 star, six, I believe, on your phone, and make sure
25 your phone is actually, your physical phone is

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1 unmuted, so let's see if you can speak. Oh, try it
2 again. 206-987, are you there?

3 DR. ALDAPE: Hi, my name is Lisa Aldape.
4 I'm commenting from Seattle Children's Hospital. I'm
5 just following up with the previous comment. We also
6 perform some front end I-131 MIBG therapies on our
7 pediatric population.

8 We're one of a few, 15 hospitals across
9 the nation that perform these therapies, and I just
10 want the committee to be aware of the trickle-down
11 effect of lowering the release criteria.

12 Currently, we're very careful. We have
13 a great program and a very safe program, and if you
14 do lower these criteria, the potential of keeping
15 toddlers and young children and families in the
16 hospital for almost double the amount of time they
17 currently spend could happen.

18 I know you'll have a public comment to
19 address this, but I do want the committee to be aware
20 that these therapies are end of life salvage
21 therapies per se and we save many, many kiddos, and
22 although they're not very common, they're very
23 important to treatment, and I just don't want to see
24 --

25 It's not all just about I-131 thyroid

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1 cancer. There's many other treatments that happen,
2 that this lowering of this criteria could impact, so
3 I just wanted the committee to be aware of that.
4 Thank you.

5 MS. LOPAS: Thank you for that comment.
6 All right, our next comment is going to be from Firas
7 Mourtada. I apologize if I am mispronouncing that.
8 So, Firas, I have enabled your microphone. You just
9 need to unmute yourself now using Teams. And are you
10 there, Firas? You just have to press the microphone
11 button on Teams to unmute yourself. I cannot unmute
12 you, but I have enabled your microphone.

13 Okay, maybe Firas is having issues with
14 their microphone, so, Firas, I'm going to try one
15 more thing for you. I'm going to maybe make you a
16 presenter and see if that helps you with your
17 microphone and let me know if that helped at all and
18 you can try to unmute yourself that way. I'll give
19 you one more chance and then we might have to move
20 on.

21 DR. MOURTADA: Can you hear me? Can you
22 hear me?

23 MS. LOPAS: Yes, now we can hear you,
24 excellent, great.

25 DR. MOURTADA: My microphone was

1 unplugged. That explains it.

2 MS. LOPAS: Okay, all right.

3 DR. MOURTADA: Sorry about that. So, I'm
4 Firas Mourtada. I'm a PhD Chief of Medical Physics
5 at ChristianaCare at Newark, Delaware, as well as I
6 am the ABS, the American Brachytherapy Society
7 Chairman of the Board.

8 So, I have been looking at this with
9 quiet interest. I looked at a couple of publications
10 that actually came out really nice from Japan on the,
11 you know, thousands of patients for process
12 implantation for iodine-125 and palladium.

13 And I tried kind of to say okay, let me
14 look at those data and see is this really realistic
15 to go up to an occupancy factor of 1.0, and honestly,
16 it's going to be very tricky because here is the idea.

17 If you're going to really measure at one
18 meter around, where are you going to measure? Because
19 the Japanese have reported different measurements if
20 you do it supine, if you do it standing, the patient
21 standing, sitting.

22 Is it lateral? Because, you know, as you
23 know, low energy iodine is quite sensitive to where
24 you make that measurement. So, you're going to have
25 to also have high precision instrumentation.

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1 You're no longer going to be able to
2 really use a GM with, you know, the old needle where
3 it goes -- you really have to have, you know, a
4 Victoreen 450B with high precision. We're looking at
5 2.4 microsieverts per hour, for example, for iodine-
6 125.

7 So, I cannot realize what I just saw
8 today about the recommendations, that it's not
9 practical for routine application to really do an
10 occupancy factor of one, and the 0.25, probably that
11 would remedy this, but this is my opinion. It's not
12 really practical.

13 I do agree that we do need to protect the
14 children and the public, but I don't think this is
15 the right approach of looking at it. I hope we could
16 have some common sense.

17 Brachytherapy is a highly valuable
18 procedure. Look at the cost benefit compared to other
19 modalities. It's wonderful and I would like to keep
20 it for all my patients here in Delaware. Thank you
21 for hearing me.

22 MS. LOPAS: All right, thank you, Dr.
23 Mourtada. All right, next we're going to hear from
24 Matthew Williamson. Matthew, I'm going to enable
25 your mic and you'll just go ahead and unmute yourself.

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1 MR. WILLIAMSON: I got it. Thank you.
2 This is Matthew Williamson. I'd like to thank the
3 committee for reviewing the draft reg guide. Thank
4 you. Also, I just want to bring up -- I just want to
5 comment, and it's been said by some folks on the line
6 and it's been in this report as well.

7 Patient release, the thresholds for
8 release and instruction are dose based, and the
9 Commission recognizes that it's not about intent.
10 It's not about therapy or diagnostic. It's about
11 dose.

12 So, when we talk about these issues, it's
13 about dose, and diagnostic radiopharmaceuticals also
14 fall into these categories. You know, since NUREG-
15 1492, tech-99m has been in the tables, and now with
16 this draft, theranostics such as I-124 are also in
17 there.

18 So, when we're talking about these
19 issues, it's about dose and impacts, and we need to
20 consider also the diagnostic agents. Thanks.

21 MS. LOPAS: Okay, thank you for that
22 comment. All right, I don't see any other raised
23 hands right now, so I'm going to do another call for
24 raised hands.

25 So, hit the hand icon if you are logged

1 into the Teams meeting here and I'll enable your
2 microphone, or if you're on your phone, press star,
3 five on your phone. So, we'll do a last call for
4 comments.

5 (No response.)

6 MS. LOPAS: Okay, I am not seeing any. I
7 will keep an eye out for any other raised hands, but
8 Dr. Metter, I think at this point, since I'm not
9 seeing any raised hands from the public, I'm going to
10 hand it back to you.

11 DR. TAPP: Sarah, this is Katie Tapp. Is
12 it possible to check if Josh Mailman is back to be
13 able to talk? I just wanted to make sure he has the
14 ability.

15 MS. LOPAS: Yeah, oh, absolutely. Josh?

16 MR. EINBERG: He's here.

17 MS. LOPAS: Hi, Josh, okay.

18 CHAIR METTER: So, this is Darlene. I
19 was going to go ahead and address Josh's comment when
20 we go back to the CivaDerm. I think we should just
21 complete the reg guide subcommittee --

22 MS. LOPAS: Sure.

23 CHAIR METTER: -- report at this time.

24 MS. LOPAS: I'm seeing one last raised
25 hand here, Dr. Metter, so I'm going to take that.

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1 So, Michael Welling, I'm going to enable your
2 microphone and you'll need to just unmute yourself,
3 then you can go ahead.

4 MR. WELLING: Thank you. My name is Mike
5 Welling. I'm currently the Radiation Safety Officer
6 at the University of Virginia. Prior to this, I was
7 Director of the Virginia Radioactive Materials
8 Program and I also spent six years on the Organization
9 of Agreement States Board, including chairman for
10 several years, performing quite a few presentations
11 to the NRC regarding some of these issues, including
12 I-131.

13 Being on both sides of the fence on this
14 issue, I would like to go on record along with some
15 other previous speakers saying that most licensees do
16 a great job with regards to patient release.
17 Obviously, there are some licensees that don't do due
18 diligence and don't follow up as much as other
19 licensees.

20 So, I would press instead of going this
21 route and making this more restrictive, that all the
22 Agreement States and the NRC do a better job during
23 the inspections in enforcing the patient release
24 criteria and the instructions that have to be done
25 before we treat patients.

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1 We shouldn't have to revise regulations
2 or guidance documents when stuff is already out there
3 to enforce for public health and safety. So, before
4 we go this route, let's put the emphasis on the
5 inspections, the burden to verify licensees are doing
6 their proper due diligence. Thank you.

7 MS. LOPAS: Okay, thank you. Okay, I see
8 no other hands raised, Dr. Metter, so again I'll pass
9 it back to you.

10 CHAIR METTER: Thank you. Thank you, Ms.
11 Lopas for very excellent entertainment of the
12 comments from the committee, and particularly the
13 public for their invaluable information that I know
14 that the NRC staff will definitely consider in their
15 final assessment.

16 So, at this time, I'd like to entertain
17 any more final comments from the ACMUI or the staff.
18 Okay, seeing none, do I have a motion to approve the
19 subcommittee report on revision to Regulatory Guide
20 8.39? I'm sorry, who was that?

21 MS. LOPAS: That looks like that was Ms.
22 Martin.

23 MEMBER MARTIN: Yes.

24 CHAIR METTER: Thank you, Ms. Martin, for
25 that. Do I have a second for the motion?

1 MEMBER WOLKOV: Harvey Wolkov, second.

2 CHAIR METTER: Thank you, Dr. Wolkov. Do

3 I have any discussion? All in favor of approving the

4 subcommittee report on revision to Regulatory Guide

5 8.39, say aye?

6 (Chorus of aye.)

7 CHAIR METTER: Any abstentions or against

8 the approval?

9 Hearing and seeing none, the subcommittee

10 report is unanimously approved by the ACMUI.

11 So, let us go back and circle back to the

12 previous subcommittee report on the CivaDerm, and I

13 believe now that Mr. Mailman is unmuted and able to

14 use his microphone, I turn it over to you for your

15 comments. Thank you.

16 MEMBER MAILMAN: I don't believe I have

17 a comment on this. I was raising my hand because I

18 was having access issues.

19 CHAIR METTER: Okay, thank you, Mr.

20 Mailman. Okay, given that, are there any final

21 comments on the licensing guidance for the CivaDerm

22 subcommittee from the ACMUI or NRC staff? Seeing

23 none, do I have a motion to approve the licensing

24 guidance for the CivaDerm subcommittee report?

25 MEMBER WOLKOV: Harvey Wolkov, I move

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1 approval.

2 CHAIR METTER: Thank you, Dr. Wolkov. Do

3 I have a second?

4 MEMBER O'HARA: Second, Mike O'Hara.

5 CHAIR METTER: Thank you, Dr. O'Hara. Do

6 I have any discussion?

7 Seeing none, all in favor of approving

8 the comments and the licensing guidance for the

9 CivaDerm subcommittee report, say aye.

10 (Chorus of aye.)

11 CHAIR METTER: Any abstention or against

12 this approval? Seeing or hearing none, the

13 subcommittee report on the guidance for CivaDerm is

14 approved, unanimously approved.

15 So, are there any other final comments

16 from Mr. Einberg or any of the NRC staff for today?

17 MR. EINBERG: So, on behalf of the NRC,

18 I wanted to thank the ACMUI and all of the members

19 for all their diligent work on these three

20 subcommittees, and I wanted to thank the NRC staff

21 for their support of these subcommittees, and lastly,

22 I wanted to thank the members of the public for their

23 meaningful discussion on the topics.

24 As Dr. Tapp noted earlier, the Reg Guide

25 8.39 will be published in the spring time frame for

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1 public comment. All of the comments will be
2 considered and it's a very valuable input that we
3 receive, not only from the ACMUI in making our
4 guidance documents and our regulations, but we take
5 the considerations of the members of the public into
6 account as well, and so with that, I wanted to thank
7 everybody and I'll turn it back to you, Dr. Metter.

8 CHAIR METTER: Thank you, Mr. Einberg.
9 Do I have any final comments from the ACMUI or the
10 NRC staff? I also would like to thank the
11 subcommittee and the NRC staff for these excellent
12 ACMUI subcommittee reports on the draft reports for
13 the Alpha DaRT licensing guidance, the CivaDerm, and
14 the Revision 2 for Regulatory Guide 8.39.

15 Today's discussions will definitely aid
16 in the information that the NRC staff will use for
17 their final or for their continuing assessment of
18 these topics, to include the very valuable input from
19 the public.

20 I think it was an excellent discussion
21 and I look forward to further advancements of these
22 topics. So, are there any final comments from the
23 ACMUI or staff? So, hearing -- go ahead.

24 MR. EINBERG: Yeah, I was going to say
25 none from the NRC.

1 CHAIR METTER: Thank you. So, at this
2 time, hearing none, I wish you all a very safe and
3 peaceful holiday season and all the best for the
4 upcoming wonderful year of 2022. Thank you very much
5 for your participation and the teleconference call is
6 adjourned.

7 (Whereupon, the above-entitled matter
8 went off the record at 3:39 p.m.)
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**Meeting of the Advisory Committee on the Medical Uses of Isotopes
U.S. Nuclear Regulatory Commission**

December 15, 2021

Statement of Peter Crane, NRC Counsel for Special Projects (retired)

I am taking the opportunity to submit comments on the subject of the proposed revision to the NRC's Regulatory Guide 8.39, "Release of Patients Administered Radioactive Material." I do so, however, without any illusions that it will make a difference to the outcome. Thirty years of experience with the NRC's handling of the patient release issue have taught me that on this subject, decisions are made in advance; hard questions go unanswered, if they are even asked; and public participation is little more than a charade.

There is one sentence in the draft Regulatory Guide under discussion today that deserves praise, however. Found on page 6, it reads as follows: "The NRC notes that the U.S. dose limits in 10 CFR Part 35 differ from many international regulatory requirements." This is a low-key way of saying that the United States is an outlier in the world radiation protection community. It would be more useful if it spelled out **how** our regulations fall short of international standards, and why the NRC considers this acceptable, but nevertheless, it is refreshing to find this statement of unvarnished truth in an otherwise problematic document.

The conflict with international requirements is not just in comparison to nations of the First World. The governments of Bangladesh, Macedonia, South Africa, and innumerable Third World countries all manage to conform to international standards. Does the fact that we do not do so mean that the United States cares less about the health and safety of its children than do these other nations? If caring is measured by our willingness to conform to what the best contemporary science says about the protection of children from radiation hazards, the answer is inescapable. To be sure, those other countries have the advantage that there, doctors and scientists make the rules governing medical uses of radiation, rather than bureaucrats in an agency susceptible to political pressure.

The 1997 Patient Release Rule represented the hijacking of the NRC's radiation protection standard – not without help from the inside -- by the advocates of the pseudoscientific "hormesis" theory, often summarized as "radiation is good for you." Parenthetically, the NRC quite recently rejected hormesis as a basis for regulation, denying a rulemaking petition that asked that everyone, specifically including babies, fetuses, and pregnant women, be allowed to receive 10 rems of radiation per year, on the grounds that such a dose could not be harmful and might be hormetic. That is 20 times the current limit, and 100 times the limit recommended by international and national organizations. The petition also asked for the abolition of the ALARA principle, by which licensees are required to keep radiation exposures "as low as reasonably achievable."

That petition, which the Commission quite rightly rejected, came from the selfsame individual who proposed the Patient Release Rule some 30 years ago. Doesn't that suggest that it might be worth taking a close look at that rule as well?

Until 1997, the NRC's regulations had been in full compliance with international standards and practice. The rule change of that year, by abolishing the 30-millicurie rule, and allowing release to be based on the estimated dose received by others, had immediate results. Insurance companies stopped paying for inpatient treatment, and hospitals, with few exceptions, stopped offering it.

Only 11 years earlier, in 1986, the NRC had explained cogently why the 30-millicurie rule was essential: to protect against both external **and internal** radiation dose. It also explained that using estimated dose to others as a standard was not practicable, because of the uncertainty of the assumptions involved.

What was wrong with that analysis? What if anything had changed in the intervening years, to make the NRC reverse itself? The NRC never said. It simply declared, in a purported analysis given the number NUREG-1492, that internal dose did not need to be taken into account, citing its medical expert, the late Dr. Myron Pollycove. It is worth noting that Dr. Pollycove also believed, among other things, that I-131 was not carcinogenic, and that any health effects of a major nuclear accident would be **beneficial**. So significant a departure from longstanding NRC principles might be thought to require a more solid basis in science than "Dr. Pollycove said so," but for the authors of NUREG-1492 and the NRC, it was good enough.

Agencies can, of course, change their policies. But their discretion to do so is not unlimited. As the Supreme Court wrote in *FCC v. Fox Television Stations, Inc.*, 556 U.S. 502 (2009): "To be sure, the requirement that an agency provide reasoned explanation for its action would ordinarily demand that it display awareness that it *is* changing position. An agency may not, for example, depart from a prior policy *sub silentio* or simply disregard rules that are still on the books. See *United States v. Nixon*, 418 U. S. 683, 696 (1974). And of course the agency must show that there are good reasons for the new policy."

That did not happen here. The previous policy, and the reasons articulated for it, went down what George Orwell referred to in 1984 as the "Memory Hole," as though they had never existed.

In 2007, the NRC was given a hair-raising account of actual practice under the new Patient Release Rule. It showed that the individualized analysis of patients and their living situations envisioned by the rule was not occurring. Instead, the hospital being described had made a blanket decision to treat everyone as an outpatient, for three reasons: hospital staff was afraid of radioactive inpatients; the rooms adjoining theirs had to be left vacant, owing to radiation penetrating the walls; and "their wonderful insurance won't pay for it."

That account did not come from me, or from some other thyroid cancer patient, but from a practitioner, the then Chairman of the ACMUI, Dr. Leon Malmud. Time and again, over

the intervening years, I have quoted his memorable words: “All patients are discharged upon treatment. We whisk them out the doors as fast as possible.” Neither the ACMUI nor the NRC staff has ever addressed the question of whether that was an accurate portrayal of current practice – which of course it was – or mentioned it at all. It is as though someone had made a rude noise at a dinner party, which everyone then pretends not to have heard.

Years ago, it was pointed out by a courageous NRC staff member that the 1997 rule had outsourced the radiation safety of the public to the patients, whereas previously it had been the responsibility of the licensee, which could be penalized if it fell short. Now, protection was only as good as the conscience of the individual I-131 patient, who was beyond the NRC’s jurisdiction. The response of the ACMUI subcommittee was: “Well-informed patients are self-motivated and sensitive to the fact that they are radioactive for a period of time, excreting radioactivity, and will typically do as much as possible to reduce potential exposures to family, caregivers, and other members of the general public.” No source was offered, or could have been offered, for this extraordinary statement, which appears to have been plucked out of the air. Covid-19 patients don’t seem to be universally altruistic about protecting others from harm. What reason is there to think that thyroid cancer patients are so much nobler than Covid patients?

Years ago, after I raised the issue of radioactive patients sent to hotels, Dr. Pat Zanzonico of this Committee performed an analysis that purported to show that no hotel worker or hotel guest could get a significant radiation dose from an I-131 patient. I pointed out, in an ACMUI meeting, that he had not considered internal dose from the patient’s urine. He disagreed, arguing that he **had** looked at urine – the urine left in the patient’s sheets. In a subsequent ACMUI meeting, I asked why had he not also looked at the urine left in and around the toilet. To that, the then Chairman of the ACMUI replied, “We’re not going to debate that here, Mr. Crane.”

As far as I was concerned, however, this wasn’t a matter of debating, I was asking a reasonable and germane question of fact, which like so many others, has never been answered.

If the NRC were the agency I wish it were, the avoidance of hard questions and the proffer of absurd rationalizations would not be possible, because there would be Commissioners **demanding** answers. The same could be said for Congressional oversight.

The sad reality is that we have reached a point where there is an almost complete disconnect between what is happening on paper, which is what this Regulatory Guide is about, and what is happening in practice. It used to be said, in the former Soviet bloc, “They pretend to pay us, and we pretend to work.” Today it might be said, “The NRC pretends to regulate nuclear medicine and the licensees pretend to comply.” The licensees who were “whisking them out the doors as quickly as possible” in 2007 are still doing so today, and this will continue so as long as the NRC’s regulations make that possible. This Regulatory Guide is advisory, non-binding, and unenforceable, and it would be naive to expect that licensees’

behavior, which is driven primarily by considerations of cost, will be changed by it. Only a rule change will accomplish that, and if the NRC staff, the ACMUI, and the Commission think otherwise, they are fooling themselves.

Importantly, however, there are exceptions: licensees that do the right thing, just **because** it is the right thing, without regard to cost. Washington Hospital Center is one of these. It continues to hospitalize all patients receiving 30 millicuries or more of I-131, just as if the Patient Release Rule had never been put in place. In an ideal world, Chairmen and Commissioners would hold an open fact-finding meeting, and invite, among others, Dr. Ken Burman and Dr. Doug Van Nostrand of Washington Hospital Center to explain the basis for their approach, as well as doctors who see no need to hospitalize patients in such situations.

It may be asked why I bother to submit comments, if I see so little likelihood of their making a difference. There are several reasons. The first is that I am writing in part for the record: for the day that the media, or academia, or the Congress, take a hard look at how the regulation of radioactive iodine treatments went off the rails at the NRC, and then was allowed to stay that way. Perhaps some scholar with an interest in the phenomenon of regulatory capture will decide to write a doctoral thesis or a book on the NRC and the patient release issue.

A hard look will reveal that in the area of patient release, the NRC abandoned reputable mainstream science, as understood the world over, to dwell in a kind of parallel scientific universe, founded in fantasy and quackery. In that alternative universe, internal doses of I-131 are not a hazard, patients can safely go to hotels with 200 millicuries of I-131 in their systems, an infant or a fetus can legally receive up to 500 millirems of external radiation, and patients are all so considerate of their fellow men, women, and children that they can be relied on to do the right thing, making hospitalization unnecessary. That bears no more relation to reality than the notion that radiation from a dirty bomb can boost your health.

First and foremost, however, the patient release issue is for me a human issue, defined by the patients I know who have been denied inpatient treatment in situations that demanded it. A few I have been able to help, but most have no choice but to take what they are offered, even if that means returning to a small dwelling with young children and only one bathroom. I think that is wrong. I think it is also wrong that a pregnant hotel housekeeper can be cleaning the bathroom of a high-dose patient, unaware of the radiation hazard. So long as those wrongs continue to occur, while the NRC studiously looks the other way, I would feel complicit if I failed to speak up.

For those who want to preserve the current rule, the easiest out, of course, is to say that I am inventing all of this. That was the approach taken, for example, by the NRC lawyer who assured the judges of the Ninth Circuit Court of Appeals that **no** radioactive patients were going to hotels – while at the same time that the NRC staff was estimating, in an internal document, that five to ten percent of patients went to hotels after treatment, and promising to

issue safety guidance on the subject. That guidance appeared in 2011 in the form of a Regulatory Issue Summary, in which licensees were told that the NRC “strongly discouraged” releasing I-131 patients to hotels, but sometime after that, it too vanished down the Memory Hole, without explanation.

Let me again quote a member of this Advisory Committee, in the hope that even if my words are disbelieved, his will be given credence. Here is Dr. Douglas Eggli, of the Milton S. Hershey Medical Center at Penn State, and the Nuclear Medicine Specialist of the ACMUI, speaking in a Committee meeting in October 2007: “We can’t get a preceptor to admit most patients to the hospital any more from the insurance companies since the release rule went into effect. ... If I am admitting somebody [with] less than 200 millicuries, the chances that I can get an insurance authorization for a hospitalization to isolate them, **even when I have family situations that require it**, it’s fighting tooth and nail with the insurance companies.....”

It is to Dr. Eggli’s great credit that he was **willing** to fight tooth and nail for the safety of his patients and their families. But not all doctors are that conscientious, and if their facilities lack the rooms to house I-131 inpatients, it is hardly likely that they will spend time and energy proving to the insurance company that inpatient treatment is necessary.

Conclusion

In my comments on the 2019 draft of this Regulatory Guide, I wrote that the “central, continuing problems with the NRC Patient Release Rule go unaddressed and untouched.” They were: “(1) that patient release is based upon calculated external dose, on the assumption that internal dose is inconsequential; (2) that the NRC allows radiation doses to family members and the public that are five times what national and international standards call for; (3) that non-binding guidance has proved ineffective in correcting the inadequacies in current protection; (4) that the rule has been interpreted to allow newly treated patients to go to hotels, where they contaminate the rooms they stay in and the linens they sleep on; (5) that the NRC has outsourced the protection of the public from licensees, where it belongs, to the conscience of the individual patient, who may or may not be informed and altruistic; and (6) that in practice, the rule allows insurance companies, who look only at the bottom line, to dictate whether patients and their families receive adequate radiation protection.”

That statement is equally true of the latest iteration. It’s very difficult to make the NRC discuss something it doesn’t want to discuss.

Finally, I mentioned earlier this Committee’s finding that radioactive patients “will typically do as much as possible to reduce potential exposures to family, caregivers, and other members of the general public.” Why should anyone believe that, when the same cannot be said for the NRC itself?