



# A. JAMES CLARK SCHOOL OF ENGINEERING

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September 2, 2020

Document Control Desk  
US Nuclear Regulatory Commission  
Washington D.C. 20555-0001  
ATTN: Cindy Montgomery

RE: Maryland University Training Reactor (R-070): Additional Information  
Regarding the Request for Exemption from the Medical Examination  
Requirements of 10 CFR 55.21 and 10 CFR 55.53(i) for a Reactor Operator  
Submitted on August 24, 2020

Dear Ms. Montgomery,

This letter contains information to supplement the request submitted on August 24, 2020. Due to the public health emergency declared by the Department of Health and Human Services in response to the consequences of the Coronavirus Disease 2019 (COVID-19) on January 31, 2020 and renewed on July 25, 2020, medical resources are limited in availability. The medical provider contacted by the operator, as well as the University of Maryland Health Center are currently offering telemedicine appointments following guidance updated by the CDC on August 14, 2020, attached. Telemedicine appointments reduce the possibility that an in-office medical examination may expose the operator to COVID-19. Licensed operators are not required to take actions that would conflict with practices recommended by the Centers for Disease Control and Prevention (CDC) to limit the spread of COVID-19 (ML20125A069, ML20142A288). Due to my delay in submitting this additional information, I would like to change the approval request date from September 1, 2020 to September 23, 2020.

Sincerely,

Amber S. Johnson  
Director, Nuclear Reactor and Radiation Facilities



## Doctor Visits and Getting Medicines

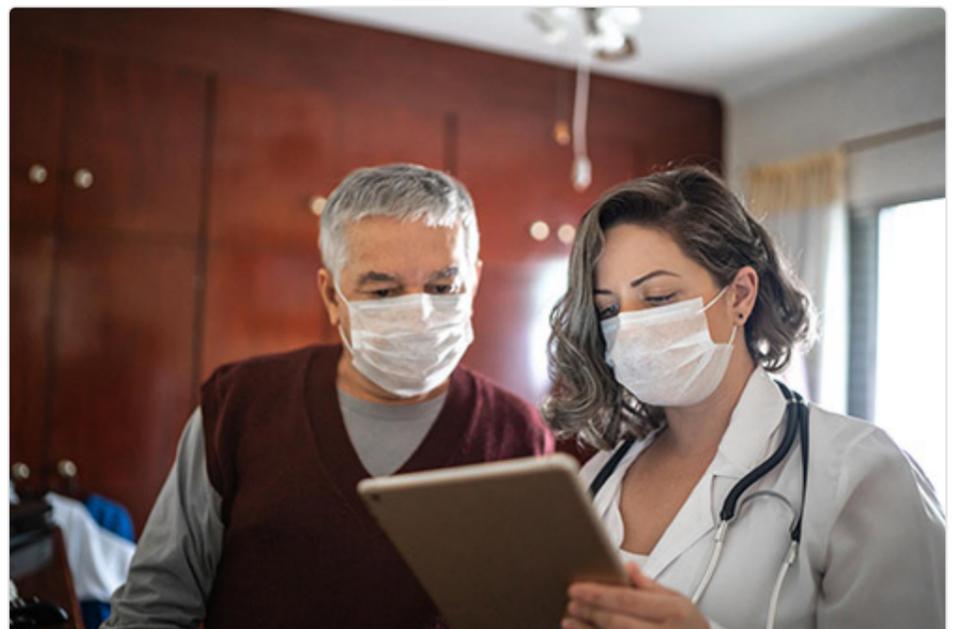
### Doctor Visits & Getting Medicines

Updated Aug. 14, 2020

[Print](#)

#### Talk to your doctor online, by phone, or e-mail

- Use telemedicine, if available, or communicate with your doctor or nurse by phone or e-mail.
- Talk to your doctor about rescheduling procedures that are not urgently needed.



Talk to your doctor online, by phone, or email

#### If you must visit in-person, protect yourself and others

- If you think you have COVID-19, notify the doctor or healthcare provider before your visit and follow their instructions.
- Cover your mouth and nose with a [mask](#) when you have to go out in public.
- Do not touch your eyes, nose, or mouth.
- Stay at least 6 feet away from others while inside and in lines.
- When paying, use touchless payment methods if possible. If you cannot use touchless payment, sanitize your hands after paying with card, cash, or check. Wash your hands with soap and water for at least 20 seconds when you get home.

#### Limit in-person visits to the pharmacy

- Plan to order and pick up all your prescriptions at the same time.
- If possible, call prescription orders in ahead of time. Use drive-thru windows, curbside services (wait in your car until the prescription is ready), mail-order, or other delivery services. Do the same for pet medicine.
- Check with your doctor and pharmacist to see if you can get a larger supply of your medicines so you do not have to visit the pharmacy as often.

## If you need family planning services

- Continue to seek care from your regular health care provider, or
- Find a family planning provider using the Office of Population Affairs' [Find a Family Planning Clinic Tool](#)  .

Health care providers may be providing services in person, by telephone, or by video. Contact your health care provider any time you have questions or concerns about your contraceptive method or family planning services.

If you or a member of your household has signs of COVID-19, call your doctor first, instead of going to the office or the emergency department.

Call 911 if you believe it is an emergency. See also: [What to do if you are sick](#).

Last Updated Aug. 14, 2020