Marcus Daly Memorial Hospital Corporation 1200 WESTWOOD DRIVE PHONE 363-2211 HAMILTON, MONTANA 59840 February 10, 1983 Director, Nuclear Materials Safety & Safeguards U. S. NUCLEAR REGULATORY COMMISSION Washington, D. C. 20555 Gentlemen: Due to the fact we do not have a Security Officer, we have composed the enclosed sample memo to reflect our procedure for Receipt of Packages Containing Radioactive Material. Additionally, we would appreciate your advising if we may store our Ultra Sound Unit in the same room as our Gamma Camera. They will never be used simultaneously. Sincerely C. ATKINS. Administrator RCA:pl

Marcus Daly Memorial Hospital

Corporation

1200 WESTWOOD DRIVE PHONE 363-2211 HAMILTON, MONTANA 59840

MEMORANDUM FOR:

Security Personnel

FROM:

Hospital Administrator

SUBJECT:

RECEIPT OF PACKAGES CONTAINING RADIOACTIVE MATERIAL

Marcus Daly Memorial Hospital does not have a Security Officer; therefore, all material will be received by Nuclear Medicine Department during normal working hours.

If the package is wet or appears to be damaged, immediately contact the Radiation Safety Officer. Ask the carrier to remain until it can be determined that neither he nor the delivery vehicle is contaminated.

RADIATION SAFETY	OFFICER PAUL WM. ANDERSON, M.D.
OFFICE PHONE	(406) 363-2211 Ext. 27
HOME PHONE	(406) 363-1048

APPENDIX F

PROCEDURES FOR SAFELY OPENING PACKAGES CONTAINING RADIOACTIVE MATERIAL

- 1. Special requirements will be followed for packages containing quantities of radioactive material in excess of the Type A quantity limits as specified in paragraphs 20.205(a)(1) and (c)(1) of 10 CFR Part 20 (more than 20 Ci for Mo-99 and Tc-99m). They will be monitored for surface contamination and external radiation levels within 3 hours after receipt if received during working hours or within 18 hours if received after working hours, in accordance with the requirements of paragraphs 20, 205(a) through (c). All shipments of liquids greater than exempt quantities will be tested for leakage. The NRC Regional Office will be notified in accordance with the regulations if removable contamination exceeds 0.01 µCi/100 cm2 or if external radiation levels exceed 200 mR/hr at the package surface or 10 mR/hr at 3 feet (or 1 m).
- For all packages, the following additional procedures for opening packages will be carried out:
 - a. Put on gloves to prevent hand contamination.
 - Visually inspect package for any sign of damage (e.g., wetness, crushed). If damage is noted, stop procedure and notify Radiation Safety Officer.
 - c. Measure exposure rate at 3 feet (or 1 m) from package surface and record. If >10 mR/hr, stop procedure and notify Radiation Safety Officer.
 - Measure surface exposure rate and record. If >200 mR/hr, stop procedure and notify Radiation Safety Officer.
 - e. Open the package with the following precautionary steps:
 - Open the outer package (following manufacturer's directions, if supplied) and remove packing slip.

- (2) Open inner package and verify that contents agree with those on packing slip. Compare requisition, packing slip, and label on bottle.
- (3) Check integrity of final source container (i.e., inspect for breakage of seals or vials, loss of liquid, and discoloration of packaging material).
- (4) Check also that shipment does not exceed possession limits.
- f. Wipe external surface of final source container shield and remove wipe to low background area. Check wipes with a thinend-window G-M survey meter, and take precaution against the spread of contamination as necessary.
- Monitor the packing material and packages for contamination before discarding.
 - (1) If contaminated, treat as radioactive waste.
 - (2) If not contaminated, obliterate radiation labels before discarding in regular trash.
- 3 Maintain records of the results of checking each package, using "Radioactive Shipment Receipt Record" (see next page) or a form containing the same information.

In the case of special orders (e.g., therapy doses), also compare with physician's written request.

APPENDIX G

GENERAL RULES FOR SAFE USE OF RADIOACTIVE MATERIAL

- Wear laboratory coats or other protective clothing at all times in areas where radioactive materials are used.
- Wear disposable gloves at all times while handling radioactive materials.
- Monitor hands and clothing for contamination after each procedure or before leaving the area.
- 4. Always use syringe shields for routine preparation of patient doses and administration to patients, except in circumstances such as pediatric cases when their use would compromise the patient's well-being. In these exceptional cases, use other protective methods such as remote delivery of the dose (e.g., through use of a butterfly valve).
- a. Do not eat, drink, smoke, or apply cosmetics in any area where radioactive material is stored or used.
 - b. Do not store food, drink, or personal effects with radioactive material.
- a. Assay each patient dose in the dose calibrator prior to administration. Do not use any doses that differ from the prescribed dose by more than 10 percent.
 - For therapeutic doses, also check the patient's name, the radionuclide, the chemical form, and the activ-

ity vs. the order written by the physician who will perform the procedure.

- 7. Wear personnel monitoring devices (film badge or TLD) at all times while in areas where radioactive materials are used or stored. These devices should be worn at chest or waist level. Personnel monitoring devices when not being worn to monitor occupational exposures should be stored in a designated low background area.
- Wear TLD finger badges during elution of generator and preparation, assay, and injection of radiopharmaceuticals.
- Dispose of radioactive waste only in specially designated and properly shielded receptacles.
- 10. Never pipette by mouth.
- Survey generator, kit preparation, and injection areas for contamination after each procedure or at the end of the day. Decontaminate if necessary.
- Confine radioactive solutions in covered containers
 plainly identified and labeled with name of compound.
 radionuclide. date, activity, and radiation level, if
 applicable.
- Always transport radioactive material in shielded containers

APPENDIX H

EMERGENCY PROCEDURES

Minor Spills

- NOTIFY: Notify persons in the area that a spill has occurred.
- PREVENT THE SPREAD: Cover the spill with absorbent paper.
- CLEAN UP: Use disposable gloves and remote handling tongs. Carefully fold the absorbent paper and pad. Insert into a plastic bag and dispose of in the radioactive waste container. Also insert into the plastic bag all other contaminated materials such as disposable gloves.
- SURVEY: With a low-range, thin-window G-M survey meter, check the area around the spill, hands, and clothing for contamination.
- REPORT: Report incident to the Radiation Safety Officer.

Major Spills

- CLEAR THE AREA: Notify all persons not involved in the spill to vacate the room.
- PREVENT THE SPREAD: Cover the spill with absorbent pads, but do not attempt to clean it up. Confine the movement of all personnel potentially contaminated to prevent the spread.

- SHIELD THE SOURCE: If possible, the spill should be shielded, but only if it can be done without further contamination or without significantly increasing your radiation exposure.
- CLOSE THE ROOM: Leave the room and lock the door(s) to prevent entry.
- CALL FOR HELP: Notify the Radiation Safety Officer immediately.
- PERSONNEL DECONTAMINATION: Contaminated clothing should be removed and stored for further evaluation by the Radiation Safety Officer. If the spill is on the skin, flush thoroughly and then wash with mild soap and lukewarm water.

*RADIATION SAF *OFFICE PHONE: *HOME PHONE:	ETY OFFICER
*ALTERNATE NAM DESIGNATED BY	MES AND TELEPHONE NUMBERS RADIATION SAFETY OFFICER

^{*}On the actual copy that is posted in the nuclear medicine department, this information will be filled in and updated as necessary.

APPENDIX I

AREA SURVEY PROCEDURES

- All elution, preparation, and injection areas will be surveyed daily with an appropriately low-range survey meter and decontaminated if necessary.
- Laboratory areas where only small quantities of radioactive material are used (less than 200 μCi) will be surveyed monthly.
- Waste storage areas and all other laboratory areas will be surveyed weekly.
- 4. The weekly and monthly surveys will consist of:
 - A measurement of radiation levels with a survey meter sufficiently sensitive to detect 0.1 mR/hr.
 - b. A series of wipe tests to measure contamination levels. The method for performing wipe tests will be sufficiently sensitive to detect 200 dpm per 100 cm² for the contaminant involved. Wipes of elution and preparation areas or other "high background" areas will be removed to a low background area for measurement.

- A permanent record will be kept of all survey results, including negative results. The record will include:
 - Location, date, and identification of equipment used, including the serial number and pertinent counting efficiencies.
 - b. Name of person conducting the survey.
 - Drawing of area surveyed, identifying relevant features such as active storage areas, active waste areas, etc.
 - Measured exposure rates, keyed to location on the drawing (point out rates that require corrective action).
 - Detected contamination levels, keyed to locations on drawing.
 - Corrective action taken in the case of contamination or excessive exposure rates, reduced contamination levels or exposure rates after corrective action, and any appropriate comments.
- Area will be cleaned if the contamination level exceeds 200 dpm/100 cm².

For daily surveys where no abnormal exposures are found, only the date, the identification of the person performing the survey, and the survey results will be recorded.

APPENDIX J

WASTE DISPOSAL

Note:

In view of the recent problems with shallow-land burial sites used by commercial waste disposal firms, NRC is encouraging its licensees to reduce the volume of wastes sent to these facilities. Important steps in volume reduction are to segregate radioactive from nonradioactive waste, to held short-lived radioactive waste for decay in storage, and to release certain materials in the sanitary sewer in accordance with § 20.303 of 10 CFR Part 20.

1. Liquid waste will be disposed of (check as appropriate)	N/A Disposed of by commercial waste disposal service (see also Item 4 below).
In the sanitary sewer system in accordance with § 20.303 of 10 CFR Part 20.	N/A Other (specify)
N/A By commercial waste disposal service (see also Item 4 below).	3. Other solid waste will be (check as appropriate
X Other (specify): See #3	
2. Mo-99/Tc-99m generators will be (check as appropriate) X Returned to the manufacturer for disposal. -0r-	X Held for decay* until radiation levels, as mea sured in a low background area with a low-leve survey meter and with all shielding removed, have reached background levels. All radiation label will be removed or obliterated, and the waste will be disposed of in normal trash.
X Held for decay* until radiation levels, as mea- sured in a low background area with a low-level	N/A Disposed of by commercial waste disposal service (see also Item 4 below).
survey meter and with all shielding removed, have reached background levels. All radiation labels will be removed or obliterated, and the generators will be disposed of as normal trash.	N/A Other (specify)
*Be sure that waste storage areas were described in Item II and that they are surveyed periodically (Item 17).	4. The commercial waste disposal service used will be N/A
These senerators may contain long-lived radioisotopic contami-	(Name) (City, State)
nants. Therefore, the generator columns will be segregated so that they may be monitored separately to ensure decay to background	NRC/Agreement State License No. N/A

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which is

APPENDIX K

RADIATION SAFETY PROCEDURES FOR THERAPEUTIC USE OF RADIOPHARMACEUTICALS®

- 1. All patients treated with I-131 or Au-198 will be placed in a private room that has a toilet. The large surfaces in the room and toilet areas that are more likely to be contaminated will be covered with absorbent pads or protective material as appropriate to the amounts of contamination to be expected. Attention should be given to objects likely to be touched by the patient, e.g., telephones, doorknobs, and other items that would be difficult to decontaminate. Plastic bags or wrappings that are waterproof and easily disposable should be used on the smaller items.
- i'he patient's room will be properly posted or attended in accordance with §§ 20.203 or 20.204 of 10 CFR Part 20.
- 3 Surveys of the patient's room and surrounding areas will be conducted as soon as practicable after administration of the treatment dose. Exposure rates will be measured at the patient's bedside and 3 feet (or 1 m) from the patient after administration and at the entrance to the room. The Radiation Safety Officer or his designee will then determine how long a person may remain at these positions and will post these times on the patient's chart and on his door. The results of daily surveys will be used to recalculate permitted times, which will be posted on the patient's chart and on his door.
- The form. Nursing Instructions for Patients Treated with Phosphorus-32, Gold-198, or Iodine-131 (or a similar form containing all the requested information), will be completed immediately after administration of the treatment dose. A copy will be posted on the patient's chart.
- Radiation levels in unrestricted areas will be maintained less than the limits specified in paragraph 20, 105(b) of 10 CFR Part 20.
- All linens will be surveyed for contamination before being removed from the patient's room and, if necessary, will be held for decay.
- 7. Disposable plates, cups, eating utensils, tissue, surgical dressings, and other similar waste items will be placed in a specially designated container. The material will be collected daily by the Radiation Safety Officer or his designee, checked for contamination, and disposed of as normal or radioactive waste, as appropriate.
- *Be sure to submit a complete response to Item 19h in addition to referencing procedures in Appendix K.

- 8. Nondisposable items used for these patients will be held in plastic bags in the patient's room and will be checked for contamination by the Radiation Safety Officer of his designee. Items may be returned for normal use, held for decay, or decontaminated, as appropriate.
- 9. If urine and vomitus from I-131 therapy patients are collected, they will be stored for decay in the radioactive waste storage area. Such stored wastes will be retained until they have reached background levels, as measured with a low-level survey meter. They will then be released to the sanitary sewer system.
- Before a therapy patient's room is reassigned to another patient, the room will be surveyed for contamination and decontaminated if necessary, and all radioactive waste and waste containers will be removed.

11. Nursing Instructions

- Nurses should spend only that amount of time near the patient required for ordinary nursing care. Special restrictions may be noted on the precaution sheet on the patient's chart. Nurses should read these restrictions before administering to the patients. Call the Nuclear Medicine Department or the Radiation Safety Officer with any questions about the care of these patients. Nursing personnel who attend the patient will wear personnel monitoring devices as advised by the Radiation Safety Office.
- b. Visitors will be limited to those 18 years of age or over unless other instructions are noted on the precaution sheet on the patient's chart.
- c. Patients must remain in bed while visitors are in the room and visitors should remain at least 3 feet (or 1 m) from the patient.
- d. Patients containing radioactive materials are to be confined to their rooms except for special medical or nursing purposes approved by the Nuclear Medicine Department.
- e. No nurse, visitor, or attendant who is pregnant should be permitted in the room of a patient who has received a therapeutic amount of radioactivity until the patient no longer presents a radiation hazard. Female visitors should be asked whether they are pregnant.
- Attending personnel should wear rubber or disposable plastic gloves when handling urinals,

bedpans, emesis basins, or other containers having any material obtained from the body of the patient. Wash gloves before removing and then wash hands. The gloves should be left in the patient's room in the designated waste container. These gloves need not be sterile or surgical in type.

- g. Disposable items should be used in the care of these patients, whenever possible. These items should be placed in the designated waste container. Contact the Radiation Safety Officer or his designee for proper disposal of the contents of the designated waste container.
- h. All clothes and hed linens used by the patient should be placed in the laundry bag provided and should be left in the patient's room to be checked by the Radiation Safety Officer or his designee.
- All nondisposable items should be placed in a plastic bag and should be left in the patient's room to be checked by the Radiation Safety Officer or his designee.
- j. Surgical dressings should be changed only as directed by the physician. Au-198 leaking from a puncture wound may stain the dressings dark red or purple. Such dressings should not be discarded but should be collected in plastic bags and turned over to the Radiation Safety Officer or his designee. Handle these dressings only with tongs or tweezers. Wear disposable gloves.

k. For I-131 patients:

White b

- (1) To the degree possible with cooperative patients, urine will be collected in special containers provided by the Radiation Safety Officer or his designee. The patient should be encouraged to collect his own urine in the container. If the patient is bedridden, a separate urinal or bed pan should be provided. The urinal or bed pan should be flushed several times with hot soapy water after use.
- (2) If the nurse helps to collect the excreta, disposable gloves should be worn. Afterward, hands should be washed with the gloves on and again after the gloves are removed. The gloves should be placed in the designated waste container for disposal by the Radiation Safety Officer or his designee.

- (3) Disposable plates, cups, and eating utensils will be used by patients who are treated with I-131.
- (4) Vomiting within 24 hours after oral administration, urinary incontinence, or excessive sweating within the first 48 hours may result in contamination of linen and floor. In any situation where the patient's room may be contaminated or if radioactive urine and/or feces is spilled during collection, call the Radiation Safety Officer or his designee, Ext.______. Meanwhile, handle all contaminated material with disposable gloves and avoid spreading contamination.
- (5) Keep all contaminated wastes and vomitus in plastic bags in the patient's room for disposal by the Radiation Safety Officer or his designec. Feces need not be routinely saved unless ordered on the chart. The same toilet should be used by the patient at all times and it should be well flushed (3 times). The Radiation Safety Officer will establish procedures for disposal of wastes (see Item 12 below).
- If a nurse, attendant, or anyone else knows or suspects that his or her skin or clothing, including shoes, is contaminated notify the Radiation Safety Officer or his designee immediately. This person should remain in an area adjacent to the patient's room and should not walk about the hospital. If the hands become contaminated, wash them immediately with soap and water.
- m. If a therapy patient should need emergency surgery or should die, notify the Radiation Safety Officer or the Nuclear Medicine Department immediately.
- n. When the patient is discharged, call the Radiation Safety Officer or his designee or the Nuclear Medicine Department and request that the room be surveyed for contamination before remaking the room.

12. Waste Disposal

When contaminated wastes are transported to the Waste Storage/Disposal area, precautions will be taken to minimize external irradiation of personnel. Stored wastes will be shielded to maintain exposure to personnel in restricted and unrestricted areas ALARA.

F8	
Date	

NURSING INSTRUCTIONS FOR PATIENTS TREATED WITH PHOSPHORUS-32, GOLD-198, OR IODINE-131

	Physician's Name:			
	Administered:			
Date and Time	of Administration:			
Oose Received	Method of Administration:			
	Exposure Rates in mR/hr 10 feet from bed			
Date	3 feet from bed			
	(Comply with all checked items)			
1	Visiting time permitted:			
	2 Visitors must remainfrom patient.			
3,	3. Patient may not leave room.			
4	4 Visitors under 18 are not permitted.			
5	Pregnant visitors are not permitted.			
6.	Film or TLD badges must be worn.			
7,	Pocket chambers will be worn for supplementary personnel monitoring of individual tasks.			
8.	Tag the following objects and fill out the tag			
	door chart			
	bed wrist			
9.	Disposable gloves must be worn while attending patient.			
10.	Patient must use disposable utensils.			
11.	All items must remain in room until approved for removal by the Radiation Safety Officer or his designee.			
12.	Smoking is not permitted.			
13.	Room is not to be released to Admitting Office until approved by the Radiation Safety Officer or his designed			
14.	Other instructions.			
	In case of an emergency contact:			
RS	O .			
Na	me On-duty/Off-duty Telephone Numbers			

APPENDIX O

MODEL PROGRAM FOR MAINTAINING OCCUPATIONAL RADIATION EXPOSURES AT MEDICAL INSTITUTIONS ALARA

(Licensee's Name)	

1. Management Commitment

- a. We, the management of this (medical facility, hospital, etc.), are committed to the program described in this paper for keeping exposures (individual and collective) as low as is reasonably achievable (ALARA). In accord with this commitment, we hereby describe an administrative organization for radiation safety and will develop the necessary written policy, procedures, and instructions to foster the ALARA concept within our institution. The organization will include a Radiation Safety Committee (RSC)¹ and a Radiation Safety Officer (RSO).
- h. We will perform a formal annual review of the radiation safety program, including ALARA considerations. This shall include reviews of operating procedures and past exposure records, inspections, etc., and consultations with the radiation protection staff or outside consultants.
- e. Modification to operating and maintenance procedures and to equipment and facilities will be
 made where they will reduce exposures unless
 the cost, in our judgment, is considered to be
 unjustified. We will be able to demonstrate, if
 necessary, that improvements have been sought,
 that modifications have been considered, and that
 they have been implemented where reasonable.
 Where modifications have been recommended
 but not implemented, we will be prepared to
 describe the reasons for not implementing them.
- d. In addition to maintaining doses to individuals as far below the limits as is reasonably achievable, the sum of the doses received by all exposed individuals will also be maintained at the lowest practicable level. It would not be desirable, for example, to hold the highest doses to individuals to some fraction of the applicable limit if this involved exposing additional people and significantly increasing the sum of radiation doses received by all involved individuals.

2. Radiation Safety Committee (RSC)2

- a. Review of Proposed Users and Uses
 - (1) The RSC will thoroughly review the qualifications of each applicant with respect to the types and quantities of materials and uses for which he has applied to ensure that the applicant will be able to take appropriate measures to maintain exposure ALARA.
 - (2) When considering a new use of hyproduct material, the RSC will review the efforts of the applicant to maintain exposure ALARA. The user should have systematized procedures to ensure ALARA and shall have incorporated the use of special equipment such as syringe shields, rubber gloves, etc., in his proposed use.
 - (3) The RSC will ensure that the user justifies his procedures and that dose will be ALARA (individual and collective).

b. Delegation of Authority

(The judicious delegation of RSC authority is essential to the enforcement of an ALARA program.)

- (1) The RSC will delegate authority to the RSO for enforcement of the ALARA concept.
- (2) The RSC will support the RSO in those instances where it is necessary for the RSO to assert his/her authority. Where the RSO has been overruled, the Committee will record the basis for its action in the minutes of the Committee's quarterly inceting.

Private practice physician licenses do not include an RSC.

²The RSO on private practice physician licenses will assume the responsibilities of the RSC under Section 2

c. Review of ALARA Program

- The RSC will encourage all users to review current procedures and develop new procedures as appropriate to implement the ALARA concept.
- (2) The RSC will perform a quarterly review of occupational radiation exposure with particular attention to instances where Investigational Levels in Table 0-1 below are exceeded. The principal purpose of this review is to assess trends in occupational exposure as an index of the ALARA program quality and to decide if action is warranted when Investigational Levels are exceeded (see Section 6).
- (3) The RSC will evaluate our institution's overall efforts for maintaining exposures ALARA on an annual basis. This review will include the efforts of the RSO, authorized users, and workers as well as those of management.

3. Radiation Safety Officer (RSO)

- a. Annual and Quarterly Review
 - Annual review of the radiation safety program. The RSO will perform an annual review of the radiation safety program for adherence to ALARA concepts. Reviews of specific procedures may be conducted on a more frequent basis.
 - (2) Quarterly review of occupational exposures. The RSO will review at least quarterly the external radiation exposures of authorized users and workers to determine that their exposures are ALARA in accordance with the provisions of Section 6 of this program.
 - (3) Quarterly review of records of radiation level surveys. The RSO will review radiation levels in unrestricted and restricted areas to determine that they were at ALARA levels during the previous quarter.
- h. Education Responsibilities for ALARA Program
 - The RSO will schedule briefings and educational sessions to inform workers of ALARA program efforts.

- (2) The RSO will ensure that authorized users, workers, and ancillary personnel who may be exposed to radiation will be instructed in the ALARA philosophy and informed that management, the RSC, and the RSO are committed to implementing the ALARA concept.
- Cooperative Efforts for Development of ALARA Procedures

Radiation workers will be given opportunities to participate in formulation of the procedures that they will be required to follow.

- The RSO will be in close contact with all users and workers in order to develop ALARA procedures for working with radioactive materials.
- (2) The RSO will establish procedures for receiving and evaluating the suggestions of individual workers for improving health physics practices and will encourage the use of those procedures.
- d. Reviewing Instances of Deviation from Good ALARA Practices

The RSO will investigate all known instances of deviation from good ALARA practices and, if possible, will determine the causes. When the cause is known, the RSO will require changes in the program to maintain exposures ALARA.

4. Authorized Users

- New Procedures Involving Potential Radiation Exposures
 - The authorized user will consult with, and receive the approval of, the RSO and/or RSC during the planning stage before using radioactive materials for a new procedure.
 - (2) The authorized user will evaluate all procedures before using radioactive materials to ensure that exposures will be kept ALARA. This may be enhanced through the application of trial runs.
- Responsibility of Authorized User to Persons Under His/Her Supervision
 - The authorized user will explain the ALARA concept and his/her commitment to maintain exposures ALARA to all persons under his/her supervision.
 - (2) The authorized user will ensure that persons under his/her supervision who are

³The NRC has emphasized that the Investigational Levels in this program are not new dose limits but, as noted in ICRP Report 26, "Recommendations of the International Commission on Radiological Protection," serve as check points above which the results are considered sufficiently important to justify further investigations.

the newly established Investigational Level II, those actions listed in paragraph 6.c above will be followed.

Signature of Certifying Official⁴

I hereby certify that this institution (or private practice) has implemented the ALARA Program set forth above.

⁴The person who is authorized to make commitments for the dministration of the institution (e.g., hospital administrator) or, n the case of a private practice, the licensed physician.

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KA	TOR		
	c.		C. ATKINS

Institution (or Private Practice) Name and Address

MARCUS DALLY MEMORIAL HOSPITAL

1200 NESTANDOD DRIVE

HAMILTON, MANTANA

59540

subject to occupational radiation exposure are trained and educated in good health physics practices and in maintaining exposures ALARA.

5. Persons Who Receive Occupational Radiation Exposure

- The worker will be instructed in the ALARA concept and its relationship to working procedures and work conditions.
- b. The worker will know what recourses are available if he/she feels that ALARA is not being promoted on the job.
- Establishment of Investigational Levels In Order to Monitor Individual Occupational External Radiation Exposures

This institution (or private practice) hereby establishes Investigational Levels for occupational external radiation exposure which, when exceeded, will initiate review or investigation by the RSC and/or the RSO. The Investigational Levels that we have adopted are listed in Table O-1 below. These levels apply to the exposure of individual workers.

Table 0-1

Investigational Levels (mrems per calendar quarter)

		l.evel i	Level II
I.	Whole body; head and trunk ; active blood-forming organs; lens of eyes; or gonads	125	375
2.	Hands and forearms, feet and ankles	1875	5625
3.	Skin of whole body*	750	2250

^{*}Not normally applicable to nuclear medicine operations except those using significant quantities of beta-emitting isotopes.

The Radiation Safety Officer will review and record on Form NRC-5, "Current Occupational External Radiation Exposures," or an equivalent form (e.g., dosimeter processor's report), results of personnel monitoring not less than once in any calendar quarter as required by § 20.401 of 10 CFR Part 20. The following actions will be taken at the Investigational Levels as stated in Table 0-1

Quarterly exposure of individuals to less than ...
 Investigational Level I.

Except when deemed appropriate by the RSO, no further action will be taken in those cases where an individual's exposure is less than Table 0-1 values for the Investigational Level I.

 Personnel exposures equal to or greater than Investigational Level I, but less than Investigational Level II.

The RSO will review the exposure of each individual whose quarterly exposures equal or exceed Investigational Level I and will report the results of the reviews at the first RSC meeting following the quarter when the exposure was recorded. If the exposure does not equal or exceed Investigational Level II, no action related specifically to the exposure is required unless deemed appropriate by the Committee. The Committee will, however, consider each such exposure in comparison with those of others performing similar tasks as an index of ALARA program quality and will record the review in the Committee minutes.

c. Exposure equal to or greater than Investigational Level II.

The RSO will investigate in a timely manner the cause(s) of all personnel exposures equaling or exceeding Investigational Level II and, if warranted, will take action. A report of the investigation, actions taken, if any, and a copy of the individual's Form NRC-5 or its equivalent will be presented to the ESC at the first RSC meeting following completion of the investigation. The details of these reports will be recorded in the RSC minutes. Committee minutes will be sent to the management of this institution for review. The minutes, containing details of the investigation, will be made available to NRC inspectors for review at the time of the next inspection.

Reestablishment of an individual occupational worker's Investigational Level II to a level above that listed in Table 0-1

In cases where a worker's or a group of workers' exposures need to exceed Investigational Level II. a new, higher Investigational Level II may be established on the basis that it is consistent with good ALARA practices for that individual or group. Justification for a new Investigational Level II will be documented

The RSC will review the justification for, and will approve, all revisions of Investigational Level II. In such cases, when the exposure equals or exceeds