

As of: 2/16/16 3:50 PM
Received: February 13, 2016
Status: Pending Post
Tracking No. 1k0-8nxh-aq1z
Comments Due: February 16, 2016
Submission Type: Web

PUBLIC SUBMISSION

Docket: NRC-2015-0020
Nuclear Request for Sodium Iodide I-131 Treatment and Patient Release Information

11/16/2015

Comment On: NRC-2015-0020-0014
Sodium Iodide I-131 Patient Release Information Collection; Request for Information

80 FR 70843

Document: NRC-2015-0020-DRAFT-0029
Comment on FR Doc # 2015-29027

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2016 FEB 16 PM 3:54

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10:10

Submitter Information

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General Comment

In January 2016, I received 104 millicuries of Iodine 131. The handout I was given at discharged had conflicting information. Said I did not have any restrictions after 7 days but also said to stay away from children and pregnant ladies for 2 weeks. Said I could return to work after 3 days.

While reviewing online information from different medical facilities, I saw that the information varies wildly. Different sources say not to get pregnant for 3, 6 or 12 months! Some say no sexual intercourse for 1, 2 or 4 weeks.

I was not given any direction from nuclear medicine prior to my treatment and would not have had a clue as to what to expect regarding isolation had I not looked online.

There needs more consistent information based on dosage, age, etc. Currently, the instructions seem to be at the whim of the different nuclear medical facilities.

There is also wide variation as to how long patients should be on a low iodine diet prior to receiving their I-131 dose and after receiving their I-131 dosage.

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Template = ADM - 013
E-RIDS= ADM-03
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