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**Docket:** NRC-2015-0020  
Nuclear Request for Sodium Iodide I-131 Treatment and Patient Release Information

**Comment On:** NRC-2015-0020-0014  
Sodium Iodide I-131 Patient Release Information Collection; Request for Information

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RULES AND REGULATIONS  
ENVIRONMENTAL PROTECTION

## General Comment

In 2011 I received a dose of 150mc from a hospital in London Ontario. I live about 1 1/2 hours away, it was in January. The policy was to drink the dose then wait in a room for about 4 hours or until my radiation was low enough to be considered safe to leave. so after 4 hours I left with my husband. That day we had to take a train to London because their was a bad snow storm and we were afraid we wouldn't make it to the appointment. So we had to take a train back since I knew i couldn't stay in a hotel. So I thought a 1 hour train ride was the safest way. On the way home the train had to stop in the middle of no where because another train was coming from the other direction so we had to wait. We waited for over 2 hours on the train in the storm. I knew I was exposing people around me to radiation but their was nothing I could do. I even had to use the washroom and had diarrhea I think from the radiation I felt so bad exposing people. Then once home I stayed in my bedroom alone for 5 days and my children 5 of them had to stay at my sisters which created a big problem getting them to school. I was also very sick from the radiation with horrible stomach pain and unable to eat or drink. I ended up having to call an ambulance because I could no longer handle the stomach pain and felt like dying. So I ended up exposing the paramedics to radiation as well. I think it all could have went much better if I was allowed to stay in isolation in the hospital.

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