AMENDMENT OF SOLICITATION/MODIFIC	CATION OF CONTRAC	СТ	BPA NO.		1. CONTRACT ID CODE		PAGE	OF
2. AMENDMENT/MODIFICATION NO.	3. EFFECTIVE DATE		QUISITION/PURCHASE REQ	NO	<u> </u>	5 DD(	DJECT NO.(If ap	policable)
M006	09-30-2012	- 1	-12-419	. 140.		J. P.K.		piicabie)
		09,	/20/2012			1		
6 ISSUED BY CODE	3100	7. ADI	MINISTERED BY (If other th	an Item	16)	CODE	3100	· 
U.S. Nuclear Regulatory Commission Div. of Contracts			U.S. Nuclear Reg Div. of Contract		tory Commission			
Attn: Monique B. Williams	•	3	Mail Stop: TWB-		310M			,
Mail Stop: TWB-01-B10M Washington, DC 20555		ı	Washington, DC 2	055	5			
	and ZIR Code)				9A. AMENDMENT OF SOLICIT	ATION N		
NAME AND ADDRESS OF CONTRACTOR (No.; street, county, State			:	(X)	AMENDMENT OF SOCIOT	AHONN		•
AQUILA FITNESS CONSULTING SYSTEMS LTD.								
AQUILA					98. DATED (SEE ITEM 11)			
4004 - 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1					10A. MODIFICATION OF CON	TRACTIC	DRDER NO	
1221 Brickell Avenue, Suite 1060					NRC-38-10-706	114.0176	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
MIAMI FL 33131								
CODE DUN:969827187	FACILITY CODE			х	10B. DATED (SEE ITEM 13) 06-01-2010			
	ONLY APPLIES TO AME	ENDM	ENTS OF SOLICITA	ATIC	L	<del>,</del>		
						٦		
The above numbered solicitation is amended as set of Offers must acknowledge receipt of this amendment process.			· ·		_		is not ext thods:	ended.
(a) By completing Items 8 and 15, and returning	·				of this amendment on e	_		
offer submitted; or (c) By separate letter or telegram wi	nich includes a reference to t	the solid	citation and amendme	nt nui	mbers. FAILURE OF YO	OUR A	C-	
KNOWLEDGMENT TO BE RECEIVED AT THE PLAC								
RESULT IN REJECTION OF YOUR OFFER. If by viriby telegram or letter, provided each telegram or letter r	•		-	•		•		
and date specified.					· · · · · · · · · · · · · · · · · · ·			
	ICS Code: 713940 t Applicable							
	ES ONLY TO MODIFICA				•			
	HE CONTRACT/ORDER						<del></del>	<u> </u>
(X) A. THIS CHANGE ORDER IS ISSUED PURSUANT TO: (Specify	authority) THE CHANGES SET FOR	KIHINITE	EM 14 ARE MADE IN THE CO	NIRA	OF ORDER NO. IN ITEM 10A.			
B. THE ABOVE NUMBERED CONTRACT/ORDER IS MODIFIED TO	REFLECT THE ADMINISTRATIVE CI	HANGES	(such as changes in par	ying off	ice, appropriation date, etc.)			
SET FORTH IN ITEM 14, PURSUANT TO THE AUTHORITY OF FAI	R 43.103(b).							
C. THIS SUPPLEMENTAL AGREEMENT IS ENTERED INTO PURS	UANT TO AUTHORITY OF:							
D. OTHER (Specify type of modification and authority) FAR	52.243-1 Changes - 1	Fixed	l Price		-			
	Consent of Mutual Pa	rties						
E. IMPORTANT: Contractor is not, X is	required to sign this docume	ent and	Freturn 01	opie	s to the issuing office.			
14. DESCRIPTION OF AMENDMENT/MODIFICATION (Organized by UC	F section headings, including solicitation	or/contrac	at subject matter where feasible	».)				•
The purpose of this modification number	06 is to modify the	Stat	ement of Work,	rask	3 - Administrati	on -	Off-Site	Fitness
Services for the Regions to change the								
costs, not to exceed \$200.00 annually.								
Ostipow as Fitness Director with Ms. Mar Schedule is revised to delete the Promot								
Total Ceiling Price: \$1,761,384 (Change)		0 515	(Charas)					
Total Estimated Cost (Base Year, Opt. Year) Total Obligation: \$553,000 (Unchanged)	.s. 1 and 2). \$1,050	0,313	(change)					
Period of Performance: 6/1/2010 - 5/31/	(2013 (Change)							
	Please see the co	ontin	uation page for	spe	cific changes			
Except as provided herein, all terms and conditions of the document reference	ed in Item 9A or 10A, as heretofore cha	anged, rer	mains unchanged and in full fo	rce and	effect.			
15A. NAME AND TITLE OF SIGNER (Type or print)		16A. NA	AME AND TITLE OF CONTRA	CTING	OFFICER (Type or print)			
Digitally signed by Yvan Miklin O-Aquil			onique B. Willia					
Yvan  DN: cn=Yvan Miklin, o=Aquil Health and Fitness Solutions		С	ontracting Offic	cer				
15B. CONTRACTOR/DEFEROR	.com, 15C. DATE SIGNED	16B, UN	NITED STATES OF AMERICA	/	2 1 11	16	SC. DATE SIGNE	,
(Signature of pe. s-/n author/2806-030/m)10.11113:38:27-04	roo- 10/11/2012	BY _	(Signature of	<u>ا ر</u>	J. William	<u> </u>	10/11	2012
(organization person audionized to sign)	1 - 111 (2012)	<u> </u>	(ORDINATION OF	COLLINE	ung Union)			

NSN 7540-01-152-8070 PREVIOUS EDITION NOT USABLE

TEMPLATE - ADMOOT

SUNSI REVIEW COMPLETE.

STANDARD FORM 30 (REV. 10-83) Prescribed by GSA - FAR (48 CFR) 53.243



- On page 3, Section B.3 CONSIDERATION AND OBLIGATION-MIXED CONTRACT TYPES, revise paragraph (b) as follows:
  - b. The total price for the base year, option year 1, and option year 2 is \$1,038,515.
- 2. On page 5, Section B.4 Price Schedule, is revised to delete the Promotional Line Item from Option Years 2, 3, and 4; combine the line item for Regional and Remote Fitness Services, increase the estimated quantity and the unit price to \$200/per employee, and increase he administrative costs for off site locations (regions) from \$150/per month to \$450/per month, and administrative costs for the remote sites remains unchanged. Please see Attachment I for the revised Price Schedule.
- 3. On page 10, Statement of Work, Task 3 ADMINISTRATION OF OFF-SITE FITNESS REGIONAL, delete in its entirety and replace with the following:

#### Task 3 - ADMINISTRATION OF OFF-SITE FITNESS - REGIONAL & REMOTE

The NRC Fitness contract provides a subsidy for fitness facility membership to interested employees who are stationed at the Region and Remote locations. This includes following Regions: I, II, III, IV and Technical Training Center; and approximately 75 separate, remote sites throughout the United States. Please refer to the following web site which lists the current locations of operating nuclear reactors (sites): http://www.nrc.gov/info-finder/reactor/.

NRC Employees may join a commercial fitness facility of their choice and the NRC will subsidize 50 percent of their annual membership dues, not to exceed \$200.00 per contract year, and excluding any processing fee and/or costs associated with service upgrades. The employees will be reimbursed directly by the NRC Fitness Program contractor, once the employee provides proof of membership, proof of payment of dues, and a completed reimbursement form.

Fitness facilities selected must be of sufficient size to enable employee members to get a complete strength and cardiovascular workout within a reasonable time, approximately 60 minutes. The facility should provide bona fide preventative health program services and activities, such as: screening and health risks, cardiovascular endurance equipment and activities, muscular strength and endurance equipment and activities, flexibility equipment and activities, equipment orientations, fitness evaluations, and exercise plans. The facility should take appropriate precautions for reducing the risk of injury. Also, the NRC will take into account that the facility is the most appropriate, convenient, and cost effective fitness facility available in the geographical area for the employee.

Below please find the estimated numbers of employees at the regions and remote sites that currently utilize the fitness services:

Region I – King of Prussia, PA Region II – Atlanta, GA Region III – Lisle, IL Region IV – Arlington, TX Chattanooga, TN – Technical Training Center Region - 20 employees; Remote – 10 employees Region - 70 employees; Remote – 20 employees Region - 34 employees; Remote – 10 employees Region - 35 employees; Remote – 10 employees TTC - 20 **Standard:** The contractor shall provide an accounting and reimbursement service for NRC employees on a monthly basis and reimburse employees in a timely manner.

**Method of Surveillance:** The Contracting Officer's Representative will approve the reimbursement forms and invoices and monitor the timeliness of payments to employees.

**Invoice Deductions:** The contractor shall be given an adverse performance evaluation which will become part of the contract file for non-compliance with the standard.

- 4. On page 11, TASK 4 ADMINISTRATION OF OFF-SITE FITNESS (For NRC Employees Stationed at Nuclear Plant Sites) delete in its entirety. This section has been combined with Task 3.
- 5. On page 13 of the Statement of Work, Promotional Plan, delete the paragraph in its entirety.
- 6. On page 37, 2052.215-70 KEY PERSONNEL, (a) revise to read as follows:
  - Fitness Center Director Ms. Marcelle Ortiz
  - Associate Director Remove Mr. William Johnson, Associate Director

All Other Terms and Conditions Remain Unchanged

### BASE YEAR: 6/1/2010 - 5/31/2011

		ESTIMATED	UNIT/		TOTAL		
CLIN	DESCRIPTION	QUANTITY	UNIT	PRICE		PRICE	
001	Kick-Off Meeting (Fixed Price)		LOT	\$	R	\$	
002	Operation of Headquarters Area Fitness Center (Fixed Price) -		months	\$		\$	
	Task 1 **					Ì	
003	Additional Instructors for Speciaty Classes		weeks	\$		\$	
004	Repair, maintenance and replacement of equipment		LOT	\$	: 5	\$	:
	for Headquarters Fitness Center (Cost Reimbursable)						
005	Travel (Cost Reimbursement)		LOT	\$	6	\$	4
006	Promotional Plans (Quarterly) (Fixed Price) - Task 5		Each	\$	4	\$	Ar :
			- Par	er Voj		Ţ,	
CLIN	DESCRIPTION	ESTIMATED	UNIT		UNIT/ PRICE		TOTAL PRICE
007	Set-up Off-Site Fitness -Rockville/Bethesda and Regions (Task 2 and 3)		LOT	\$	h	\$	
800	NRC Headquarters - Off-Site Locations (Rockville/Bethesda)		LOT	\$	W	\$	
	Fitness Membership Costs (Cost Reimbursement) - Task 2						
	REGIONS - Fitness Costs (Cost Reimbursable) - Task 3						
009	Region 1 - King of Prussia - Fitness Membership Costs		LOT	\$	The state of the s	\$	į,,
010	Region 2 - Atlanta, GA - Fitness Membership Costs		LOT	\$	d we have	\$	
011	Region 3 - Lisle, IL - Fitness Membership Costs		LOT	\$	202	\$	
012	Region 4 - Arlington, TX - Fitness Membership Costs		LOT	\$		\$	1
013	NRC TTC - Chattanooga, TN - Fitness Membership Costs,		LOT	\$	15 gr	\$	
014	Monthly Administrative Costs for Off-Site Locations and		months	\$	5	\$	1
	Regions				P.		
	1,103,011			1		1	
	REMOTE SITES - Task 4						
01'5			LOT	\$		\$	

### TOTAL PRICE FOR BASE YEAR:

## OPTION YEAR 1: 6/1/2011 - 5/31/2012

		ESTIMATED		UNIT/		TOTAL	
CLIN	DESCRIPTION	QUANTITY	UNIT		PRICE		
017	Operation of Headquarters Area Fitness Center (Fixed Price) -	10/	months	\$		\$	
	Task 1						
	Additional Instructors for Speciaty Classes		weeks	\$		\$	
018	Repair, maintenance and replacement of equipment		LOT	\$		\$	
	for Headquarters Fitness Center (Cost Reimbursable)	0					
019	Travel (Cost Reimbursement)	F)	· LOT	\$	ja ja	\$	
020	Promotional Plans (Quarterly) (Fixed Price) - Task 5	ti.	Each	\$		\$	
No. of	A Committee of the Comm	A.	-1-3 -25 Y	,	- The state of the		E ANT
		ESTIMATED		ļ	UNIT/	]	TOTAL
CLIN	DESCRIPTION	QUANTITY	UNIT		PRICE	<u> </u>	PRICE
021	<ul> <li>NRC Headquarters - Off-Site Locations</li> </ul>	<b>620</b>	LOT	\$		\$	
	Fitness Membership Costs (Cost-Reimbursement)					4	
	REGIONS - Fitness Costs (Cost Reimbursable) - Task 3			l		1	
022	Region 1 - King of Prussia - Fitness Membership Costs		LOT	\$		\$	77.1
023	Region 2 - Atlanta, GA - Fitness Membership Costs		LOT	\$		\$	
024	Region 3 - Lisle, IL - Fitness Membership Costs		LOT	\$	ា រា	\$	
025	Region 4 - Arlington, TX - Fitness Membership Costs		LOT	\$	ių	\$	
026	NRC TTC - Chattanooga, TN - Fitness Membership Costs,	2	LOT	\$	1	\$	
027	Monthly Administrative Costs for Off-Site Locations and		months	\$	6	\$	
	Regions						
	REMOTE SITES - Task 4	100				1	
028	Remote Sites Fittness Costs for NRC (Cost Reimbursement)	- 31	LOT	\$	3.	\$	
	Annual Administrative Costs for the Remote Sites		Year	\$		\$	•

**TOTAL PRICE FOR OPTION YEAR 1:** 

### OPTION YEAR 2: 6/1/2012 - 5/31/2013

		ESTIMATED			JNIT/	Г	TOTAL
CLIN	DESCRIPTION	QUANTITY	UNIT	F	RICE	İ	PRICE
029	Operation of Headquarters Area Fitness Center (Fixed Price) -	9	months	\$		\$	
	Task 1					`	
030	Additional Instructors for Speciaty Classes		weeks	\$	1 3	\$	
031	Repair, maintenance and replacement of equipment	3	LOT	\$		\$	3
	for Headquarters Fitness Center (Cost Reimbursable)						
032	Travel (Cost Reimbursement)		LOT	\$		\$	
				护护			
		ESTIMATED			JNIT/		TOTAL
CLIN	DESCRIPTION	QUANTITY	UNIT	F	RICE		PRICE
033	* NRC Headquarters - Off-Site Locations - Task 2 (Cost Reimbursement)	•	LOT	\$	19.0	\$	
	Actual Costs for Region and Remote Sites 6/1/2012 - 9/30/2012	_					
	Region - Fitness Costs from 6/1/2012-9/30/2012					\$	
	Monthly Administrative Costs for Regions & Off-Site 6/1/12-9/30/2012					\$	
	Remote Sites - Fitness Costs 6/1/2012 - 9/30/2012					\$	
	SUBTOTAL					\$	
	REGION & REMOTE - Fitness Costs (Cost Reimbursable) - Task 3						
034	Region 1 - King of Prussia - Fitness Membership Costs		LOT	\$		\$	
035	Region 2 - Atlanta, GA - Fitness Membership Costs		LOT	\$		\$	
036	Region 3 - Lisle, IL - Fitness Membership Costs		LOT	\$		\$	
037	Region 4 - Arlington, TX - Fitness Membership Costs	£.	LOT	\$	10	\$	4 2
038	NRC TTC - Chattanooga, TN - Fitness Membership Costs,		LOT	\$	ä	\$	;
039	Monthly Administrative Costs for Off-Site Locations and		months	\$	7	\$	
	Regions						- 5
040	Annual Administrative Costs for the Remote Sites		months	\$		\$	
<del></del>	TOTAL PRICE FOR OPTION YEAR 2:					* \$	353,525

# OPTION YEAR 3: 6/1/2013 - 5/31/2014

		ESTIMATED			UNIT/		TOTAL
CLIN	DESCRIPTION	QUANTITY	UNIT	1	PRICE		PRICE
041	Operation of Headquarters Area Fitness Center (Fixed Price) - Task 1		months	\$	The state of the s	\$	The state of
042	Additional Instructors for Speciaty Classes		weeks	\$	-22	\$	
043	Repair, maintenance and replacement of equipment		LOT	\$		<b>≯</b> \$	
	for Headquarters Fitness Center (Cost Reimbursable)						•
043	Travel (Cost Reimbursement)	1	LOT	\$		\$	
- 12 M		And the		的 图	A Dilloyand		
		ESTIMATED			UNIT/		TOTAL
CLIN	DESCRIPTION	QUANTITY	UNIT		PRICE		PRICE
044	* NRC Headquarters - Off-Site Locations - Task 2 (Cost Reimbursement)		LOT	\$		\$	
	REGION & REMOTE - Fitness Costs (Cost Reimbursable) - Task 3						
045	Region 1 - King of Prussia - Fitness Membership Costs		LOT	\$		\$	
046	Region 2 - Atlanta, GA - Fitness Membership Costs		LOT	\$		\$	
047	Region 3 - Lisle, IL - Fitness Membership Costs		LOT	\$		\$	
048	Region 4 - Arlington, TX - Fitness Membership Costs		LOT	\$		\$	
049	NRC TTC - Chattanooga, TN - Fitness Membership Costs,		LOT	\$		\$	
050	Monthly Administrative Costs for Off-Site Locations and Regions		months	\$		\$	
051	Annual Administrative Costs for the Remote Sites		months	\$		\$	12th 250
	TOTAL PRICE FOR OPTION YEAR 3:				#44/c	\$	353,914

### OPTION YEAR 4: 6/1/2014 - 5/31/2015

		ESTIMATED		UNIT/	TOTAL
CLIN	DESCRIPTION	QUANTITY	UNIT	PRICE	PRICE
052	Operation of Headquarters Area Fitness Center (Fixed Price) - Task 1	1211	months	\$ 26	\$
053	Additional Instructors for Speciaty Classes		weeks	\$	\$
054	Repair, maintenance and replacement of equipment		LOT	\$	\$
055	for Headquarters Fitness Center (Cost Reimbursable)				
056	Travel (Cost Reimbursement)		LOT	\$	\$
. 74s				AND THE	
		ESTIMATED		UNIT/	TOTAL
CLIN	DESCRIPTION	QUANTITY	UNIT	PRICE	PRICE
057	NRC Headquarters - Off-Site Locations	200	LOT	\$	\$
	Fitness Membership Costs (Cost Reimbursement) - Task 2				
	REGIONS - Fitness Costs (Cost Reimbursable) - Task 3	-			
058	Region 1 - King of Prussia - Fitness Membership Costs	E	LOT	\$	\$
059	Region 2 - Atlanta, GA - Fitness Membership Costs	First (	LOT	\$	\$
060	Region 3 - Lisle, IL - Fitness Membership Costs	15	LOT	\$	\$
061	Region 4 - Arlington, TX - Fitness Membership Costs	11.36	LOT	\$	\$ 3
062	NRC TTC - Chattanooga, TN - Fitness Membership Costs,		LOT	\$	\$
063	Monthly Administrative Costs for Off-Site Locations and	T T	months	\$	\$
	Regions				
064	Annual Administrative Costs for the Remote Sites		months	\$	\$
	TOTAL PRICE FOR OPTION YEAR 4:	•			\$ 368,955

TOTAL PRICE FOR BASE YEAR AND OPTION YEARS

\$ 1,761,384