

Area Information

Transportation

SuperShuttle: 817-329-2000 or 800-BLUE VAN (258-3826) or <http://www.supershuttle.com>

Taxi: (817) 534-5555 or (214) 426-6262 or <http://www.dallasyellowcab.com>

Shopping

Wal-Mart: 915 East Randol Mill Rd, ~1 mile south just east of Collins, (817) 274-1040

Lincoln Square Mall: N. Collins St. just southwest of I-30. Local/national stores & restaurants. Not enclosed.

Groceries/Pharmacies

Krogers - 945 W. Lamar (817) 277-9811 grocery 24 hrs 7 days, (817) 277-2144 pharmacy, ~6 blocks west on Lamar

Tom Thumb - 2755 N. Collins St. (817) 276.5361 grocery 6 AM - 1 AM 7 Days (817) 276- 5370 pharmacy, ~1 mi. north of Lamar

Whole Foods Market - 801 E. Lamar (817) 461-9362 grocery 8 AM - 10 PM 7 days, 2 blocks e on Lamar

Nearest Arlington Hospital: Arlington Memorial, 800 W. Randol Mill (817) 548-6100

Nearest FedEx/Kinko's: 1400 E. Cope-land (817) 543-0833

Nearest ATM: On campus, adjacent building lobby

Nearest Exercise Facilities:

La Fitness, 141 W. Road to Six Flags, (817) 469-1384

YMCA, 1005 Skyline Dr., (817) 548-9622

Gold's Gym, #1093, 2301 N. Collins St, 817-459-3535

Local Area Websites

Arlington - <http://www.arlington.org/>
Fort Worth - <http://www.fortworth.com>
Dallas - <http://www.hellodallas.com>

Local Hotels:

Hilton Hotel
2401 E. Lamar Blvd.
Arlington, TX 76006
817-640-3322

Hilton Garden Inn
2190 E. Lamar Blvd.
Arlington, TX 76006
817-274-6644

Holiday Inn
1311 Wet N Wild Way
Arlington, TX 76011
817-465-2510

Hyatt Place
2380 E. Road to Six Flags Street
Arlington, TX 76011
817-649-7676

Marriott Courtyard
1500 Nolan Ryan Expressway
Arlington, TX 76011
817-277-2774

Marriott Spring Hill Suites
1975 E. Lamar Blvd.
Arlington, TX 76006
817-860-2737

Marriott Residence Inn
1050 Brookhollow Plaza
Arlington, TX 76006
817-649-7300

Sheraton Hotel
1500 Convention Center Drive
Arlington, TX 76011
817-261-8200

Wingate Hotel
1024 Brookhollow Plaza
Arlington, TX 76006
817-640-8686



Welcome to Region IV!

612 E. Lamar Blvd.
Suite 400
Arlington, TX 76011-4125

817-860-8100
1-800-952-9677
817-860-8210 facsimile
Monday - Friday
7:30 AM – 4:15 PM
Home page: <http://www.nrc.gov>



Region IV Information

Location: In Arlington, Texas, near Texas Rangers stadium, Six Flags Over Texas amusement park, Hurricane Harbor water park, and the home of the Dallas Cowboys.

The Region IV Reception area is on the 4th floor of the Texas Health Resources Tower (14 story building) at the cover address.

Transportation & Directions: About 10 miles south of DFW Airport with convenient access. From the airport, take the south airport exit, stay to the right and follow signs for Highway 360 south. Follow Highway 360 south about 6 miles and exit at "Lamar & Avenue H", then turn right onto Lamar Boulevard. Follow Lamar Boulevard about 3 miles to Lincoln Drive and turn left at the light.

Parking: Spaces on campus are open unless specifically restricted. Do not park in fire lanes or other restricted areas without prior approval from campus security. Cars should not be left overnight without prior notice to campus security on the ground floor.

Badging & Escort Requirements: Visitors must enter via the building east doors. Photo identification is required for building entry. Visiting NRC employees may proceed directly to the 4th Floor NRC Reception Area after showing the building security representative(s) their respective NRC photo ID/Key Card.

Non-NRC visitors must show a photo ID and sign the Building's Visitor Log and receive a building authorized visitor badge on the 1st floor, then proceed to the 4th Floor NRC Reception Area.

The NRC Receptionist will assist in further guidance in reference to: Visitor Sign-In, Badging/Escort Requirements, Region IV employee contact, facility locations (meeting rooms, offices).

Visitors should note that their entry into NRC office other than the Reception area and other public spaces requires (1) an NRC-issued visitor badge displayed visibly at all times and (2) continuous escort by an NRC employee.

For after-hours access requirements, contact your Region IV sponsor

Contact Number: Messages may be left for visitors during office hours by calling 817-860-8100 and pressing "0" for the Receptionist. This number also offers options during normal hours such as directory dialing and general information.

Emergency Services: For police or fire emergency, from any phone dial 7 then 911. For a medical emergency, follow the instructions on the yellow label on any office phone then dial 7 then 911.

If an evacuation is necessary, escorted visitors should stay with their escorts. Others, following the directions of Evacuation Wardens and Exit Monitors, proceed to the nearest stairwell unless otherwise directed (e.g. a specific exit route is designated due to the nature of the emergency), **DO NOT USE ELEVATORS** unless specifically directed to do so. Absent other direction, visitors should exit the building and proceed to the southwest quarter of the campus parking lot.

Telephones/Cell Phones/Cameras: NRC phones may be used by visitors. For an outside line, dial 7. Long distance calls should be made to a toll-free number or via calling card by non-NRC visitors. Phones are available in each conference room and in the Reception area.

Visitors being escorted in Region IV space should inform their escort if they are carrying an electronic device such as a cell phone, PDA, camera, or other audio or video recording device.

Visitors may not photograph or record within Region IV's controlled space using cell phones, PDAs, and other electronic equipment with photographic capabilities without prior explicit permission. Contact your Region IV sponsor for more information.

Office Services: Copying, facsimile, shredding, mail and shipping services, and general offices supplies, along with meeting services, may be arranged via the office services staff via the Receptionist. Advance notice is strongly encouraged. Contact the visit sponsor for more information. Outgoing mail and FedEx® boxes are located on the ground floor in the service corridor behind the south elevator bank.

Restrooms: Are located in the elevator lobby on each floor.

Freight Delivery: Use of the building freight elevator requires coordination with building management. If this service is needed, the sponsor will need to submit a R4 trouble ticket request in advance.

Coffee, Refreshments, & Food: Coffee is available for purchase on floors 3, 4, 5, and 12. Drinks and snacks are available for purchase on the 4th floor. An NRC badge or escort with visitor badge is required for access. Coffee, vending, and food services are available until mid-afternoon in the lobby of the adjacent building. Visitor access to the adjacent building is via the west lobby doors for that building only without escort.

In general, a variety of local restaurants are located within 2 miles of the office, along Collins Street north and south of Lamar.

Computer/Internet: Discuss in advance with your Region IV sponsor. In general, high speed Internet access is provided only for NRC staff.

Smoking: Smoking and use of smoke-free tobacco are not permitted on the property, including in the Tower/Pavilion buildings, parking lot, inside vehicles and any outdoor areas.

Additional location and office information is available on line at <http://www.nrc.gov/> and <http://www.nrc.gov/about-nrc/locations/region4.html>

