

**From:** gregg.gondolfi@exeloncorp.com  
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December 29, 2010 (11:30am)

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I have worked at Exelon Nuclear in operating for 30 years, 25 of those years in the Control Room. FFD rules have never addressed one of the most difficult shifts. That is when a person is working day shift & then must come back in for Midnights and Days the next day. It is almost impossible to get any sleep when you go home from a Day shift & then must be awake all night & the next day. With the new FFD rules, there have been many times when people are required to come in @ 0300 and work until 1500. This isn't quite as bad as coming in @ 2300 and working until 1500, but it's close. I would hope you would consider doing something to eliminate working all night and all day. Thanks Gregg Gondolfi 815 415-2236

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