

DOCKETED
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(75F65249)

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OFFICE OF SECRETARY
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PUBLIC SUBMISSION

Docket: NRC-2010-0304
Nuclear Energy Institute - Fitness-for-Duty Programs**Comment On:** NRC-2010-0304-0001
Anthony R. Pietrangelo on Behalf of the Nuclear Energy Institute; Receipt of Petition for Rulemaking**Document:** NRC-2010-0304-DRAFT-0004
Comment on FR Doc # 2010-26715

Submitter Information

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General Comment

As an Equipment Operator (EO), I have been directly affected by the Work Hour Rules. The minimum day off requirement which has been proposed to be removed has been both a blessing and a problem. During an outage having a day or two days off in a row after working 5 or 6 straight days of 12 hour shifts is nice--if you have elected to work the day shift. During your time off you can relax with family, go to appointments, do necessary shopping, and generally take care of things which can generally only be done during daylight hours. If you have elected to work the night shift and you get a night off, what do you do with your time? If you have a family do you stay up all night quietly watching movies while your family sleeps in the next room? Do you go drinking all night (which does not help one to return to work refreshed)? Perhaps the thing to do is get some exercise--perhaps a midnight jog along the highway which is a little ridiculous. Perhaps what you do with your night off is to go to sleep which makes sense if you are married--except that it does not make sense because you need to sleep during the day to be alert at night. The point is when it comes to working night shift during an outage I would rather stay at work than be forced to stay home. At least at work you are in a safe environment, you can stay active (which is important in keeping your sleep cycle in synch with night shift). What would be nice is be able to go to work 4 hours late 3 nights out of 15. At least that way you can spend some time with family or get a little shopping done late in the afternoon. Doing this will preserve the small amount of benefit afforded the night shift workers under the current rules while improving at work performance because sleep cycles will not be changed from being away from work. This will also address some of the arguments made in the proposal--some workers working second jobs for more money etc., because they will get more overtime on night shift.

Template = SECY-067

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Rulemaking Comments

From: Gallagher, Carol
Sent: Thursday, November 04, 2010 10:03 AM
To: Rulemaking Comments
Subject: Comment on PRM-26-5
Attachments: NRC-2010-0304-DRAFT-0004.pdf

Van,

Attached for docketing is a comment on PRM-26-5 (75 FR 65249) that I received via the regulations.gov website on November 3, 2010.

Thanks,
Carol

Received: from HQCLSTR01.nrc.gov ([148.184.44.79]) by OWMS01.nrc.gov
([148.184.100.43]) with mapi; Thu, 4 Nov 2010 10:03:17 -0400
Content-Type: application/ms-tnef; name="winmail.dat"
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