

April 14th, 2009

Sent via email to sandra.gabriel@nrc.gov

Ms. Sandra Gabriel, Senior Health Physicist U.S. NRC Region I Nuclear Materials Section B 475 Allendale Road King of Prussia, Pennsylvania 19406-1415

Re: License Amendment to add an Authorized User for

NRC Radioactive Materials License # 47-00404-02

(Cabell Huntington Hospital, located in Huntington, West Virginia)

#### Dear Sandy:

We wish to amend our radioactive materials license to add the following individual as an Authorized User on our Radioactive Materials License for the uses indicated:

Authorized User	Authorized Material and Uses	Training and Experience
Tipu Saleem, M.D.	10 CFR 35.300 for I-131 radiopharmaceutical therapy less than and greater than 33 mCi	10 CFR 35.392 and .394 via NRC 313A (AUT)

Dr. Saleem attended the American Association of Clinical Endocrinologists 80 hour Nuclear Medicine Course in 2005 and has documented the necessary training and experience under 10 CFR 35.392 and .394. Supporting documentation is attached. Please note that we currently have an amendment request pending under Mail Control No. 143557.

We appreciate your consideration of this amendment request. If you have any questions regarding this request or should you need any further information, please do not hesitate to contact us.

Sincerely yours,

Mr. Glen Washington, Senior VP and COO

Phone: 304-526-2309 glen.washington@chhi.org

James Norweck, MS, DABR Radiation Safety Officer Cell: 304-710-0172

jnorweck@radiology-inc.com

Fred Peatross, CNMT Nuclear Medicine Supervisor

Fred Peatur

Phone: 304-526-2129 Fred.peatross@chhi.org Hoyt Burdick, MD Vice President for Medical Affairs Cabell Huntington Hospital 1340 Hal Greer Boulevard Huntington, WV 25701

#### Dear Dr Burdick:

I want to apply for provision of additional privileges to be able to treat patients with hyperthyroidism and thyroid cancer with radioactive iodine (RAI-131) at your facility. I have completed endocrinology fellowship from Milton S. Hershey Medical Center Penn State Univ, Hershey PA (date of graduation 06-30-2003) and I am currently working as an Assistant Professor of Medicine in the Section of Endocrinology in Marshall University. I have completed 80 hours of the basic radioisotope handling course covering the topics of radio pharmacy, radiation biology, radiation protection and safety, radiation physics and instrumentation, and the mathematics associated with use of radioactivity and received a passing grade. This course which was held from September24, 2005 to October1, 2005 (American Association of Clinical Endocrinologist (AACE), Kansas City, MO) is designed to qualify a physician as an authorized user of radiopharmaceuticals, including the medical use of sodium iodide I-131 for procedures requiring a written directive. It meets all the requirements set forth by the US Nuclear regulatory Commission and all the agreement states as outlined in the current code of federal regulations.

In addition to the above, I have the experience of treating more than the required number of patients with hyperthyroidism and thyroid cancer under the supervision of Dr. Abid Yaqub M.D., a NRC licensed user of radioactive iodine I-131 at Cabell Huntington Hospital and St. Mary's Medical Center. I have experience of clinical care of a number of patients with thyroid cancer and hyperthyroidism including those with Graves' disease and toxic uni-nodular and multi-nodular goiters.

I appreciate your kind consideration of my application.

Maple Sh

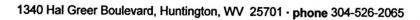
Yours sincerely,

Tipu Faiz Muhammad Saleem MD Assistant Professor of Medicine

Section of Endocrinology

Saleent @ marshall.edu

Appeared alkahad Appeared Ladder Salve





March 25, 2009

Tipu Saleem, MD JCESOM Dept. of Medicine 1249 15<sup>th</sup> Street Huntington, WV 25701

Dear Dr. Saleem:

Upon recommendation of the Credentials and Medical Executive Committees of the Medical and Dental Staff, the Board of Directors, at its meeting held March 24, 2009, approved your request for the additional privileges of performing both **DXA scan interpretation** and **Administration of radioactive iodine (I-131).** 

There will be retrospective case review of these procedures for the first three months as part of your Focused Professional Evaluation.

If you have any questions, you may contact Medical Affairs at 304-526-2065.

Sincerely,

Hoyt J. Burdick, M.D.

Hoyt J. Burdick, MD Vice President of Medical Affairs

HJB/mle

NRC FORM 313A (AUT) (10-2007)

U.S. NUCLEAR REGULATORY COMMISSION

AUTHORIZED USER TRAINING AND EXPERIENCE AND PRECEPTOR ATTESTATION (for uses defined under 35,300)

APPROVED BY OMB: NO. 3150-0120 EXPIRES: 10/31/2008

(for uses defined under 35.300) [10 CFR 35.390, 35.392, 35.394, and 35.396]

Name of Propos	ed Authorized Us	er		State of	or Territory V	Where Licensed	
TIF	U FAIZ	М.	SKEEN	MEST	Vales	VIRGINIA	(wv)
Requested Aut	horization(s) (cl	heck all th	at apply):				
35.300	Use of unseal	ed byprod	luct material for wi	nich a wr	itten directi	ive is required	
OR							
<b>⊠</b> 35.300	Oral administr 1.22 gigabecq	ation of so uerels (33	odium iodide I-131 3 millicuries)	requirin	g a written	directive in quantiti	es less than or equal to
35.300	Oral administr gigabecquerel	ation of so s (33 million	odium iodide I-131 curies)	requiring	g a written	directive in quantiti	es greater than 1.22
35.300	Parenteral adr than 150 keV	ministratio for which a	n of any beta-emi a written directive	ter, or ph	oton-emitt ed	ing radionuclide wit	th a photon energy less
35.300	Parenteral adr	ministratio	n of any other rad	onuclide	for which a	a written directive is	s required
		! (-	PART I TRAINII Select one of the	IG AND	EXPERIEN	NCE	
of applicati experience	on or the individ	ncluding blual must l	ooard certification, have related conti	must ha	ve been ob	otained within the 7	years preceding the date the required training and and experience related
1. Board (	ertification						
a. Provide	a copy of the b	oard certi	ification.				
b. For 35. be used	390, provide do I to document tl	cumentati nis experie	ion on supervised ence.	clinical c	ase experi	ence. The table in	section 3.c. may
and sup	396, provide do ervised clinical ent this experier	case exp	on on classroom a erience. The tabl	and labor es in sec	ratory traini tions 3.a., 3	ing, supervised wor 3.b., and 3.c. may b	k experience, se used to
d. Skip to	and complete P	art II Pred	ceptor Attestation.				
2. Current	35.300, 35.400	, or 35.60	00 Authorized Us	er Seeki	ng Additio	nal Authorization	
	ed User on Mat					under the re	equirements below or
equival	ent Agreement	State requ	irements (check a	ll that ap	ply):		
35.3	90 🗌 3	5.392	35.394	3	5.490	35.690	
required	supervised cas	se experie	et of clinical uses once. The table in eted Part II Precep	section	3.c. may be	de documentation on the decumentation of the document of the d	on additional t this
docume case ex	ntation on class perience. The t	sroom and tables in s	l laboratory trainin	g, super and 3.c.	vised work	ation for 35.396, presented at the experience, and sued to document this	pervised clinical
PC FORM 313A (ALIT)							

3. Training and Experience for	Proposed Authorized I	<u>User</u>			
a. Classroom and Laboratory Tr	aining 🖊 35.390	35.392	35.394	•	35.396
Description of Training	Location	of Training		Clock Hours	Dates of Training*
Radiation physics and instrumentation	KANSAS CI MISSORI			25	SEP 24,2005 TO OCT 1, 2005
Radiation protection	"			25	1,
Mathematics pertaining to the use and measurement of radioactivity	4			10	"
Chemistry of byproduct material for medical use	1,			10	y
Radiation biology	1,			<b>10</b>	"
	Total Hours of Trainin	g:		80	
b. Supervised Work Experience If more than one supervising if of this page.	35.390 andividual is necessary to		35.394 vised training		35.396 ultiple copies
Supervised Work Experience		Total Hou Experience		100 14	outs.
Description of Experience Must Include:		erience/License o	r	Confirm	Dates of Experience*
Ordering, receiving, and unpacking radioactive materials safely and performing the related radiation surveys	Cabll Hunh	yetra Hosp Nuclear Cow	vse [	✓ Yes  No	9-24 -05
Performing quality control procedures on instruments used to determine the activity of dosages and performing checks for proper operation of survey meters	****	tington Heaf		¥ Yes No	4/4/08 to 2/2/09
Calculating, measuring, and safely preparing patient or human research subject dosages	* *	atizeta (tas) leae Cours	· [	Yes No	
Using administrative controls to prevent a medical event involving the use of unsealed byproduct material	Cabell Itu TACE NA	ntington 140 Lear Cours	e	∠ Yes No	
Using procedures to contain spilled byproduct material safely and using proper decontamination procedures	Cabell !	tun tiypton H Þ Naclen God	me [	⊻ Yes No	A

NRC FORM	313A	(AUT)
(10-2007)		

### AUTHORIZED USER TRAINING AND EXPERIENCE AND PRECEPTOR ATTESTATION (continued)

3. Training and Experience for Proposed Authorized User (contin	ued)
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b. Supervised Work Experience (continued)

Supervising In	ndividual BID YAQUB MD	License/Permit Number listing supervising individual as an authorized user
		v, or equivalent Agreement State requirements (check all that
☐ 35.390 ☑ 35.392	With experience administering dosag  Oral Nal-131 requiring a written d gigabecquerels (33 millicuries)	es of: irective in quantities less than or equal to 1.22
<b>※</b> 35.394	Oral Nal-131 in quantities greater	than 1.22 gigabecquerels (33 millicuries) emitter, or photon-emitting radionuclide with a photon
	energy less than 150 keV requiring	g a written directive is required ther radionuclide requiring a written directive
** Supervising requesting	Authorized User must have experience in admini authorized user status.	istering dosages in the same dosage category or categories as the individual

c. Supervised Clinical Case Experience

If more than one supervising individual is necessary to document supervised work experience, provide multiple copies of this page.

Description of Experience	Number of Cases Involving Personal Participation	Location of Experience/License or Permit Number of Facility	Dates of Experience*
Oral administration of sodium iodide I-131 requiring a written directive in quantities less than or equal to 1.22 gigabecquerels (33 millicuries)	3	Cable Huntington Hospital	11/13/08
Oral administration of sodium iodide I-131 requiring a written directive in quantities greater than 1.22 gigabecquerels (33 millicuries)	3	cable Huntington 1 Hospital	12-18-08
Parenteral administration of any beta-emitter, or photon-emitting radionuclide with a photon energy less than 150 keV for which a written directive is required			2/19
Parenteral administration of any other radionuclide for which a written directive is required			
(List radionuclides)		ļ	

NRC FORM 313A (AUT)	U.S. NUCLEAR REGULATORY COMMISSION
AUTHORIZED USER TRAINING AND EXP	PERIENCE AND PRECEPTOR ATTESTATION (continued)
3. Training and Experience for Proposed Author	orized User (continued)
c. Supervised Clinical Case Experience (contin	nued)
Supervising Individual	License/Permit Number listing supervising individual as an authorized user
ABID YAQUB MD	
	below, or equivalent Agreement State requirements (check all that
35.390 With experience administering do	osages of:
	ten directive in quantities less than or equal to 1.22 s)
35 396 X Oral Nal-131 in quantities gre	eater than 1.22 gigabecquerels (33 millicuries)
Parenteral administration of b	peta-emitter, or photon-emitting radionuclide with a photon quiring a written directive is required
Parenteral administration of a	any other radionuclide requiring a written directive
** Supervising Authorized User must have experience in a requesting authorized user status.	administering dosages in the same dosage category or categories as the individual
d. Provide completed Part II Preceptor Attestati	ion.
PART II _ P	RECEPTOR ATTESTATION
individual as long as the preceptor provides,	al's preceptor. The preceptor does not have to be the supervising directs, or verifies training and experience required. If more than perience, obtain a separate preceptor statement from each.
By checking the boxes below, the preceptor is position sought and not attesting to the individual	is attesting that the individual has knowledge to fulfill the duties of the idual's "general clinical competency."
First Section Check one of the following for each requested au	uthorization: NOT APPLICABLE
For 35.390:	
Board Certification	j
I attest that	has satisfactorily completed the training and experience
Name of Proposed Authorized	1 User
requirements in 35.390(a)(1).	
	OR
Training and Experience	
I attest that	has satisfactorily completed the 700 hours of training

and experience, including a minimum of 200 hours of classroom and laboratory training, as required by 10 CFR 35.390 (b)(1).

Name of Proposed Authorized User

NRC FORM 313A (AUT) (10-2007)			U.S. NUCLEAR REGULATORY COMMIS	SIOI
	TRAINING AND EXPERIENCE	CE AND PRECEPTOR	R ATTESTATION (continued)	
Preceptor Attestation (continu	ied)	*		
First Section (continued)				
For 35.392 (Identical Attes	tation Statement Regardles		perience Pathway):	
	SA A FATZ MUHAMM) ame of Proposed Authorized User	has satisfactorily cor	npleted the 80 hours of classroom	I
and laboratory training experience required in		392(c)(1), and the sup	ervised work and clinical case	
For 35.394 (Identical Attes	tation Statement Regardles		perience Pathway):	
	FATZ MUHAHAM ame of Proposed Authorized User		npleted the 80 hours of classroom	Î
and laboratory training experience required in		394 (c)(1), and the sup	pervised work and clinical case	
Second Section	SKE	ZH		
I attest that TIPU	-		npleted the required clinical case	
experience required in	n 35.390(b)(1)(ii)G listed belo	w:		
Oral Nal-131 requi gigabecquerels (3:	iring a written directive in qua 3 millicuries)	antities less than or eq	ual to 1.22	
🔀 Oral Nal-131 in qu	antities greater than 1.22 gig	abecquerels (33 millio	uries)	
	stration of beta-emitter, or ph 50 keV requiring a written dir		lide with a photon	
Parenteral adminis	stration of any other radionuc	lide requiring a written	directive	
Third Section				· <b>- ·</b>
✓ I attest that Tilu	FMZ MUHAMMM) ame of Proposed Authorized User		nieved a level of competency to	
function independently	y as an authorized user for:	*		
✓ Oral Nal-131 requi gigabecquerels (3:	iring a written directive in qua 3 millicuries)	antities less than or eq	ual to 1.22	
☑ Oral Nal-131 in qu	antities greater than 1.22 gig	abecquerels (33 millio	uries)	
	stration of beta-emitter, or pho 50 keV requiring a written dir		lide with a photon	
Parenteral adminis	stration of any other radionuc	lide requiring a written	directive	

NRC FORM 313A (AUT)				U.S. NUCLE	AR REGULATORY COMMISSION
(10-2007) AUTHORIZ	ED USER TRAINI	NG AND EXPER	IENCE AND PRECE	PTOR ATTEST	ATION (continued)
Fourth Section					·
<u> For 35.396:</u>				NOT	APPLICABLE
<u>Current 35.49</u>	0 or 35.690 autho	orized user:	•		
l attest tha		oposed Authorized User	is an authorize	d user under 10	CFR 35.490 or 35.690
laboratory experience	ent Agreement Sta training, as require	te requirements, led by 10 CFR 35.	has satisfactorily com 396 (d)(1), and the su achieved a level of co	pervised work	
	eral administration 60 keV for which a			g radionuclide w	ith a photon energy less
Parente	eral administration	of any other radio	onuclide for which a v	vritten directive	is required
			OR		
Board Certific	cation:				
l attest tha		pposed Authorized User	has satisfactori	ly completed th	e board certification
required by 35.396(d)() authorized	7 10 CFR 35.396 ( 2), and has achiev user for: eral administration	d)(1) and the sup red a level of com of any beta-emitt	ervised work and clin petency sufficient to t er, or photon-emitting	ical case experi function indeper	
than 15	0 keV for which a	written directive i	s required		
Parente	eral adminstration	of any other radio	nuclide for which a w	ritten directive i	s required
Fifth Section Complete the follow			signature:	ments, as an au	thorized user for:
35.390	35.392	<b>⊠</b> 35.394	35.396		
I have experie		dosages in the fo	ollowing categories fo	r which the prop	posed Authorized User is
Oral Nal-1: millicuries)		ten directive in qu	antities less than or e	equal to 1.22 giç	gabecquerels (33
Oral Nal-1	31 in quantities gro	eater than 1.22 gi	gabecquerels (33 mil	licuries)	
	administration of t quiring a written d			uclide with a ph	oton energy less than
Parenteral	administration of a	any other radionu	clide requiring a writte	en directive	
Name of Preceptor		Signature	(	Telephone I	1 , 1
MBID Y	AQUB	1 Had	Tapel	304-691	-1095 2/4/09
License/Permit Number	/Facility Name				•

# American Association of Clinical Endocrinologists

1000 Riverside Avenue • Suite 205 • Jacksonville, Florida 32204 • Phone: (904) 353-7878 • Fax: (904) 353-8185 • http://www.aace.com

October 5, 2005

Tipu Saleem, MD 444 Chalfont Place Reading, PA 19606

Dear Dr. Saleem:

The American Association of Clinical Endocrinologists (AACE) certifies that you successfully completed the following educational activity:

Program Title: AACE Nuclear Medicine Course

Date: September 24-October 1, 2005

Location: Kansas City, MO

Awarded: 80.25 category 1 credit(s) toward the AMA Physician's

Recognition Award

The American Association of Clinical Endocrinologists (AACE) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Association of Clinical Endocrinologists designates this educational activity for a maximum of 80.25 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

Please feel free to contact the AACE office if you have any questions.

Sincerely,

AACE CME Department

# TIPU FAVZ M Saloam List Ppt & Traded with I-131 Therapy

Patient Initials	Facility	Diagnosis	Date	I-131 Dose
T.J. V,	Cable Huntington Hospital	Thyroid CA	10/15/08	150 mCi
FW,	Cable Huntington Hospital	Thyroid CA	12/18/08	98 mCi
МН,	Cable Huntington Hospital	Thyroid CA	1/2/09	150mCi
R V,	Cable Huntington Hosp	Toxic MNG	11/12/08	20 mCi
PB,	Cable Huntington Hosp	Graves'	11/13/08	20 mCi
D A D,	Cable Huntington Hosp	Toxic MNG	11/19/08	15 mCi
	1			

#### AACE Nuclear Medicine Course September 24-October 1, 2005

#### Program Chair: J. Woody Sistrunk, MD, FACE

#### Saturday, September 24, 2005

#### 7:30 Registration

#### 8:00-9:00am

#### Introduction

J. Woody Sistrunk, M.D., FACE

#### Objectives:

- 1. To provide an overview of the practice of Nuclear Endocrinology.
- 2. To give background information on the necessity of the AACE/DTC nuclear medicine course.
- 3. To develop logical questions for participants to consider as the course begins.

#### 9:00-9:20am

#### **Matter and Atomic Structure**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know the structure of an atom.
- 2. Know the definition of atomic mass, atomic number, isotope, isobar.
- 3. Understand the line of stability.
- 4. Understand binding energy.

#### 9:20 -10:00am

#### Alpha, Beta, Gamma Emissions, Internal Conversion

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know when different types of decal are probable.
- 2. Know the atomic number and mass of the daughter product of each decay.
- 3. Understand internal conversion and gamma emmision.

#### 10:00-11:00am

#### **Logarithmic Review**

Larry Cook, Ph.D.

#### Objectives:

- 1. Know what a logarithmic is.
- 2. Understand logs to base 10.
- 3. Understand logs to base e.

#### 11:00am-12:00pm

#### **Radioactivity and Decay**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know the decay equation.
- 2. Know what 8 is equal to and what it signifies.
- 3. Be able to use the decay equation to calculate the amount of radioactive material some time after and some time before the calibration time for a given isotope.
- 4. Know the definition of curie, millicurie, microcurie, becquerel
- 5. Be able to convert from one unit of radioactivity to another.

#### 12:00-1:00pm

#### Lunch — Video "Radiation Safety: Environmental Services"

- 1. Know how radiation is defined.
- 2. Know where one is likely to encounter ionizing radiation in medical facilities.
- 3. Know the hazards encountered from ionizing radiation.
- 4. Know who is most affected by ionizing radiation.

#### 1:00-1:30pm

#### Decay Schemes: I-131, I-123, I-125, Tc-99m

Audrey Wegst, Ph.D.

#### Objectives:

- 1. To know specifically the details of the decay of I-131.
- 2. To know specifically the details of the decay of I-125.
- 3. To know specifically the details of the decay of I-123.
- 4. To know specifically the details of the decay of Tc-99m.

#### 1:30-2:00pm

#### **Units of Measurement**

Jay Spicer, M.S.

#### Objectives:

- 1. Know the definition of a 'Curie'
- 2. Be able to convert Curies to microcuries.
- 3. Be able to convert Curies to millicuries.
- 4. Be able to convert Curies to Becquerels.

#### 2:00-3:15pm

#### **Production of Radioisotopes**

Jay Spicer, M.S.

#### Objectives:

- 1. Know the definition of 'by-product material'.
- 2. Know which isotopes are considered to be by-product material.
- 3. Know how Iodine-131 is produced.
- 4. Know how Iodine-123 is produced.

#### 3:15-3:45pm

#### **Specific Activity**

Jay Spicer, M.S.

#### Objectives:

- 1. Know the definition of 'specific activity'.
- 2. Know the variations of specific activity.
- 3. Know what a carrier free compound is.

#### 3:45-6:00pm

#### **Units of Dose**

Ben Friesen, Ph.D.

#### Objectives:

The participant should:

- 1. Understand the cgs and SI units and the relationship between them.
- 2. Know the definitions and nature of the following units:
  - a. rad- absorbed dose of 100 ergs / gram
  - b. rem- dose equivalent obtained by multiplying the rad exposure by the appropriate "quality factor" and possibly modifying factors.
  - c. Quality factor- 'adjusts' the absorbed doses from different types of ionizing radiation for "equivalent biological" effects.
  - d. Roentgen- unit of exposure in the cgs system charge produced in a specified by quantity of air by ionizing photons.
  - e. Gray- SI unit of absorbed dose, 1 Joule / kg.
  - f. Sievert- SI unit for dose equivalent. (Gray multiplied by quality factor and possible modifying factors.)
  - g. Exposure- 1 Coulomb of charge produced in 1 kg of air by ionizing photons.
  - h. Effective dose equivalent
  - i. Committed dose equivalent to an organ.
  - j. Committed effective dose equivalent.
  - k. Total effective dose equivalent
  - 1. Shallow dose equivalent
  - m. Eye dose equivalent

- 3. Know the annual limits imposed by federal regulations on the total effective dose equivalent, the eye dose equivalent, and the shallow dose equivalent.
- 4. Know the federal limits for exposure of the embryo, minors and the public.

#### 6:00pm Adjournment

#### Sunday, September 25, 2005

#### 8:00 **Quiz**

#### 8:15-10:15am

#### **Interaction of Particles and Photons with Matter**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know how each particle causes ionization and excitation in the material through with they travel.
- 2. Know all mechanisms of interaction of ionizing particles (e.g. Bremsstrahlung).
- 3. Know the following effects: Photoelectric, Compton and Pair Production.
- 4. Know how the emissions of I-131 interact with tissue.

#### 10:15am-12:00pm

#### **Radiation Detectors**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know how gas filled detectors detect radiation and the characteristics of each type of detector.
- 2. Know how dose calibrators measure radioactivity.
- 3. Know the regulatory requirements concerning dose calibrators.
- 4. Know the different types of survey meters and the uses of each.

#### 12:00-1:00pm

#### Lunch — Video "Radiation Safety: Security"

#### Objectives:

- 1. Know how to detect radiation.
- 2. Be able to recognize the International Radiation Warning sign.
- 3. Know what a 'controlled area' is and security issues involved with controlled areas.

#### 1:00-2:30pm

#### **Counting Statistics**

Larry Cook, Ph.D.

#### Objectives:

- 1. Know a Poisson distribution.
- Know a Gaussian distribution.
- 3. Know how statistics influence dose.
- 4. Know how statistics influence counting time.

#### 2:30-3:00pm

#### **Radioactive Sources, Standards**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know what standards are and how they are used.
- 2. Know the difference between primary and secondary standards.
- 3. Know which procedures require the use of standards.

#### 3:00-4:15pm

## Counting Efficiency, Minimum Detectable Activity and Background

Larry Cook, Ph.D.

- 1. Know what counting efficiency is and how to calculate it.
- 2. Know when to use minimum detectable activity.
- 3. Know what background is and how it varies.

#### 4:15-6:00pm

#### **Lab (Counting Efficiency, Background Determination)**

- 1. Know how to determine the counting efficiency of a survey meter.
- 2. Know how to determine the counting efficiency of a thyroid probe.
- Know how to determine background.

#### 6:00pm Adjournment

#### Monday, September 26, 2005

#### 8:00 **Quiz**

#### 8:20-9:15am

#### Lab (Use of Survey Meters)

- 1. Know and practice the proper use of survey meters (According to NRC Regulatory Guidelines)
- 2. Know and practice the use of survey meters to measure different forms of radiation.
- 3. Know what a survey meter can detect and what it cannot detect. (Where and where it cannot be used effectively).
- 4. Know and practice the proper use of a check source.
- 5. Know and practice the proper use of battery check.

#### 9:15-11:00am

#### Thyroid Imaging and Physiology

Woody Sistrunk, M.D.

#### Objectives:

- 1. To develop knowledge in Nuclear Endocrinology, using the participant's own experiences as an endocrinologist.
- 2. To provide a historical understanding of the basis for Nuclear Endocrinology.
- 3. To provide a clinical basis for certain complicated clinical situations in Nuclear Endocrinology with respect to hyperthroidism
- 4. To review the history and rationale that lead to the development of Nuclear Endocrinology and specifically thyroid cancer.
- 5. To review ALARA concepts specifically with the thyroid cancer patient in mind.
- 6. To provid a clinical basis for certain complicated clinical situation in Nuclear Endocrinology with respect to thyroid cancer.

#### 11:00am-12:00pm

#### Lab (Laboratory Survey Techniques)

- 1. Know and practice how to use area surveys to check ambient radiation levels.
- 2. Know how to, and practice, surveying for surface contamination.
- 3. Know and practice good handling techniques to keep survey meter free of contamination.

#### 12:00-1:00pm

#### **Lunch** — **Video** "Iodine-131 Therapy: Procedures for Nurses"

#### Objectives:

- 1. Know what must be done to prepare a I-131 patient's hospital room.
- 2. Know the definition of a 'visitor's safe line' and how to establish one.
- 3. Know how to prepare walls, floors, and furniture to maintain ALARA in a radioactive patient's room.
- 4. Know how patients excrete Iodine-131.
- 5. Know the proper procedures patients can take to reduce hazards of exposure to ionizing radiation.

#### 1:00-2:15pm

#### **Scintillation Detectors**

Joel McAllister, M.S.

#### Objectives:

- 1. Know how materials scintillate.
- 2. Know how the light is collected and processed.
- 3. Know the uses of scintillation detectors and their characteristics.

#### 2:15-3:15pm

#### **Pulse Height Analysis**

Joel McAllister, M.S.

#### Objectives:

- 1. Know why the pulse height from a gamma interaction is proportional to its energy.
- 2. Know what a pulse height spectrum is and some of the features noted.
- 3. Know why pulse height analysis is important to thyroid uptakes.

#### 3:15-5:00pm

#### **Instruments using Scintillation Detectors**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know what instruments use pulse height analysis and why it is important.
- 2. Know the difference between gas filled detectors and scintillation detectors.
- 3. Understand how a thyroid probe and well counter work.

#### 5:00-6:00pm

1.

#### **Lab (Dose Calibrator Tests)**

- Know how to perform, and practice, an accuracy test.
- 2. Know how to perform, and practice, a constancy test.
- 3. Know how to perform, and practice, a geometry test.

#### 6:00pm Adjournment

#### Tuesday, September 27, 2005

#### 8:00am Review

#### 8:30am **Quiz**

#### 9:15-10:15am

#### **Radiation Biology I**

Ben Friesen, Ph.D.

#### Objectives:

- 1. Know the pathways by which ionizing radiation affects cells and cell function.
- 2. Know conditions affecting cell survival after irradiation.
- 3. Know at which point in the Mitotic cycle cells are most radiation sensitive.
- 4. Be familiar with single cell survival curves.
- 5. Understand the importance of risk models and dose response models in estimating the effect of radiation exposures on irradiated populations.
- Know the difference between the absolute risk model and the relative risk model.

#### 10:15-11:00am

#### Lab (Dose Calibrator Tests)

- 1. Know how to perform, and practice, a linearity test using decay of isotope.
- 2. Know how to perform, and practice, a linearity test using the Cal-Check system.
- 3. Know, and practice, how to plot data to determine linearity.

#### 11:00am-12:00pm

#### Thyroid Uptakes

Joel McAllister, M.S.

#### Objectives:

- 1. Know the procedure for a thyroid uptake.
- 2. Know the methods of calculation for a thyroid uptake
- Know the method of calculation if a standard capsule is obtained vs. using the patient capsule for its own standard.

#### 12:00-1:00pm

1.

**Lunch** — **Video** "Brachytherapy: Procedures for Nurses"

- Know how time is used in radiation protection.
- 2. Know how distance is used in radiation protection.
- 3. Know how shielding is used in radiation protection.

#### 1:00-2:00pm

#### **Thyroid Uptakes and Pitfalls**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know what a flat field collimator is.
- 2. Understand the importance of distance in obtaining good uptake results.
- 3. Understand how patient positioning can affect uptake results.
- 4. Know how a large goiter affects uptake results.

#### 2:00-3:00pm

#### Iodine-131 in the Treatment of Graves and Thyroid Cancer

David Preston, Ph.D.

#### Objectives:

- 1. Know which patients are not appropriate for I-131 treatment of hyperthyroidism.
- 2. Know the regulatory limitations in your area for treatment of hyperthyroidism and thyroid cancer with Iodine-131
- 3. Know the prior requirements to be met before F18 FDG PET scanning of thyroid cancer will be reimbursed.
- 4. Know the comparative safety of Iodine-131 to surgical and long-term treatment.
- 5. Know the radiation health issues in the use of Iodine-131 for treatment of hyperthyroidism and thyroid cancer.

#### 3:00-6:00pm

Lab

#### (Well Counter, Pulse Height Spectra

Thyroid Uptake, Thyroid Assay

#### ALARA, Sample Counting)

- 1. Know how to use, and practice using, a well counter.
- 2. Become familiar with the pulse height spectra from various isotopes.
- 3. Observe how a thyroid uptake is performed with computerized equipment.
- 4. Observe how a bioassay is performed using computerized equipment.
- 5. Observe how wipe test samples are counted with a computerized well counter.

#### 6:00pm Adjournment

#### Wednesday, September 28, 2005

8:00am Review

8:30am **Quiz** 

#### 9:15-10:15am Radiation Biology II

Ben Friesen, Ph.D.

#### Objectives:

- 1. Know the difference between stochastic effects and non-stochastic effects.
- 2. Know the characteristics of radiation induced carcinogenesis.
- 3. Be familiar with the 'mutant clone' theory of carcinogenesis.

#### 10:15am-12:00pm

#### **Radiation Biology III**

Ben Friesen, Ph.D.

- 6. Know the estimates for risk of cancer production from uptake of radioactive iodine.
- 7. Be familiar with the 'megamouse experiment' and its general results
- 8. Understand the hereditary effects in humans of exposure to ionizing radiation.
- 9. Understand the concept of a 'genetically significant dose'.
- 10. Understand the effects of radiation on the cataract of the eye.

#### 12:00-1:00pm

#### Lunch — Video "General Radiation Safety I"

#### Objectives:

- 1. Introduction to personnel dosimetry.
- Introduction to film badge records.
- 3. Know the different types of personnel dosimetry devices.

#### 1:00-2:00pm

#### Radiation Dosimetry: External, Internal

Ben Friesen, Ph.D.

#### Objectives:

- 1. Understand the proper use of personnel dosimetry TLD's and/or film.
- 2. Know the definition of 'weighting factor'.
- 3. Know how organ specific distribution of a radioactive compound determine total risk.

#### 2:00-3:15pm

#### Protection from External Sources of Radiation: Time, Distance, Shielding

Joel

#### McAllister, M.S.

#### Objectives:

- 1. Know the inverse square law.
- 2. Know the principles of radiation shielding.
- 3. Know the principles of Time, Distance, and Shielding.
- 4. Know the difference between shielding for I-131 and I-125.
- 5. Know the protective devices used for protection from external sources and the gamma energies for which they are effective.

#### 3:15-3:45pm

#### **Required Monitoring for External Radiation**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know the difference between a shallow dose and a deep dose.
- 2. Know how shallow dose and deep doses are monitored.
- 3. Understand the proper use of a whole body dosimeter.
- 4. Understand the proper monitoring of a declared pregnant worker.
- 5. Know the advantages and disadvantages of various types of personnel dosimeters.

#### 3:45-4:30pm

#### **Protection from Internal Sources of Radiation (OR IS IT CONTAMINATION?)**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know why protection from I-131 internal contamination is so important.
- 2. Know the principles of protection from internal contamination.
- 3. Know the survey techniques to locate contaminated areas that may be in the workplace.
- 4. Know the importance of lab coats, gloves, masks and other protective devices.

#### 4:30-5:00pm

#### **Monitoring for Internal Contamination Thyroid Bioassays**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know when monitoring is required.
- 2. Know how to perform a thyroid bioassay.
- 3. Know how to calculate the thyroid burden and the corrective action necessary.

#### 5:00-6:00pm

#### Lab (Area Surveys, Wipe Tests, Spill Procedures)

- 1. Know and practice proper procedures for conducting area surveys.
- 2. Know and practice proper procedures for collecting and counting wipe tests.
- 3. Know how to contain a radioactive spill to prevent further contamination.
- 4. Know whom to call if a radioactive spill occurs.

#### 6:00pm Adjournment

#### Thursday, September 29, 2005

#### 8:00ama Quiz

#### 8:30-9:30am

#### **Tracer Kinetics**

Jay Spicer, M.S.

#### Objectives:

- 1. Understand why a thyroid uptake is a meaningful reflection of thyroid activity.
- 2. Understand the basis of racer kinetics.
- 3. Understand how the mass of a radioactive isotope allows competition with the stable form of the same element.

#### 9:30-10:30am

#### **Thyroid Treatment and Calculation of Dose**

Jay Spicer, M.S.

#### Objectives:

- 1. Know how to calculate a therapy dose from results of an uptake.
- 2. Know the various philosophies used to determine treatment dose.
- 3. Know why the dose of Iodine-131 must be greater for cancer than for hyperthyroidism

#### 10:30-11:30am

#### Measurement of Dose and Proper Records

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know how to measure the dose administered to a patient.
- 2. Know the records that are required.
- 3. Know the allowable error between a prescribed dose and the administered dose.
- 4. Know what a prescribed dose is (Written Directives).

#### 11:30am-12:00pm

#### Lab (Proper Administration of Dose)

- 1. Know how to properly open a package containing radioactive material.
- 2. Know safe handling techniques for administering radioactive pills to patients.
- 3. Know how to avoid contamination of personnel and equipment when giving a radioactive pill.

#### 12:00-1:00pm

#### Lunch — Video "Pregnancy and the Radiation Worker"

#### Objectives:

- 1. Know how radiation affects the fetus throughout different stages of gestation.
- 2. Know the radiation dose necessary to cause harm to the fetus in different stages of gestation.
- 3. Know how the fetus can become internally contaminated by radioactive materials.
- 4. Know the two sources of fetal radiation exposure.
- 5. Introduction to basic safety techniques to protect fetus from exposure to ionizing radiation.

#### 1:00-2:00pm

#### **Example Problems**

Larry Cook, Ph.D.

- 6. The main objective is to solve numerical problems using the concepts previously introduced.
- 7. Radioactive Decay (Logarithm and exponential)
  - i. Half-life
  - ii. Counting rates and associated variance.
  - iii. Minimum detectable activity.
  - iv. Minimum count time to detect a specified amount of radioactivity.
- 8. The Chi-Square test.
- 9. The t-test.

#### 2:00-3:15pm

#### **Regulatory Agencies and Agreement States**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know the jurisdiction of the Nuclear Regulatory Commission
- 2. Know what are agreement states.
- 3. Know who will have regulatory authority over YOU.

#### 3:15-4:15pm

#### **Review of Iodine Chemistry**

Jay Spicer, M.S.

#### Objectives:

- 1. Know the direct methods used in the preparation of iodine radiopharmaceuticals.
- 2. Know the indirect methods used in the preparation of iodine radiopharmaceuticals.
- 3. Know the number of moles of iodine given in a standard diagnostic dose of iodine.
- 4. Be aware iodine allergies and the effect diagnostic doses may have.
- 5. List at least 10 foods or drugs that are known to interfere with thyroid uptake of radioiodine.

#### 4:15-5:15pm

#### Radiopharmaceuticals in Nuclear Medicine

Jay Spicer, M.S.

#### Objectives:

- 1. Know the specific characteristics of Iodinated Radiopharmaceuticals.
- 2. Know the ideal characteristics of radiopharmaceuticals.
- 3. Know the different methods used in the production of radiopharmaceuticals.

#### 5:15-6:00pm

#### Lab (Radioactive Package Receipt and Return)

- 1. Know the difference between Class I, Class II and Class III labels.
- 2. Know, and practice, the steps involved in opening a radioactive package.
- 3. Know how to prepare, and practice preparing, a box before returning to radiopharmacy.
- 4. Be able to identify 10 radiopharmaceuticals used in nuclear medicine departments.

#### 6:00pm Adjournment

#### Friday, September 30, 2005

#### 8:00am **Quiz**

#### 8:30-9:30am

#### **Obtaining a Radioactive Materials License**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know where to obtain your license.
- 2. Know the content of a license.
- 3. Be familiar with a preceptor form.

#### 9:30-10:15am

#### Review of State and NRC Regulations

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know the regulations that will apply to the use of radioactivity for the treatment of thyroid disorders.
- 2. Know how these regulations can be met in the normal functioning of a laboratory.
- 3. Know the compliance records that must be maintained for review by your regulatory agency.
- 4. Know the requirements for reporting incidents to your regulatory agency.
- 5. How to identify an agreement state and the address needed for submission of license materials.

#### 10:15am-1:00pm

#### **Personnel Monitoring Requirements**

Audrey Wegst, Ph.D.

- 1. Know to whom you must provide radiation dosimeters.
- 2. Know when you must provide a finger badge.
- 3. Know which records must be provided to monitored individuals.
- 4. Know how long you must keep your records.

#### Lunch — Video "General Radiation Safety II"

#### Objectives:

- 1. Know how to keep track of radiation levels in and around the work area.
- 2. Know how to measure ambient radiation levels in the work area.
- 3. How to treat a radioactive patient in a medical emergency.
- 4. Who to contact should a radioactive patient die.
- 5. Know principles of designing a good work area for handling radioactive materials.

#### 1:00-2:00pm

#### **ALARA Program**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know the ALARA I limits.
- 2. Know the ALARA II limits.
- 3. Know what must be done if limits are exceeded.
- 4. Know what managements responsibility is to the ALARA program.

#### 2:00-3:15pm

#### **QMP Program**

Joel McAllister, M.S.

#### Objectives:

- 1. Know the proper records required to maintain a QMP program.
- 2. Know which procedures fall under a QMP program.
- 3. Know how often you must review your QMP program

#### 3:15-5:30pm

#### Patient Release, NRC and states

Joel McAllister, M.S.

#### Objectives:

- 10. Know when it is permissible for you to release a patient treated with Iodine-131.
- 11. Know the NRC rules governing patient release.
- 12. Know the methods acceptable for compliance with NRC rules governing patient release.
- 13. Know under what circumstances patients treated with Iodine-131 cannot be released.
- 14. Be familiar with the patient release form.

#### 5:30-6:00pm

#### Spill Procedure Lab

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know how, and practice, containing a radioactive spill.
- 2. Know how to monitor personnel involved in a radioactive spill.
- 3. Know the proper method for cleaning up radioactive spills.
- 4. Know the reporting requirement and who to contact regarding radioactive spills.
- 5. Know what is involved in assembling a radioactive spill kit.

#### 6:00-6:15pm

#### **Question and Answer Session**

#### 6:15pm Adjournment

#### Saturday, October 1, 2005

#### 8:00am Review and Questions

#### 8:30-10:15am

#### **Review of Essential Records for License Compliance**

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know what records the NRC requires a facility to keep.
- Know for how long each type of record must be kept to comply with NRC regulations.
- 3. Be aware of the frequency which surveys, audits, and reviews must be performed.
- 4. Be aware of the records required to maintain and ALARA program.
- 5. Know how to conduct a facility review of the ALARA program.

#### 10:15am-12:00pm

#### Regulations, Variations from State to State

Audrey Wegst, Ph.D.

#### Objectives:

- 1. Know the legal distinction between an agreement state and the NRC.
- 2. Know when an agreement state must comply with the NRC.
- 3. Observe the use of Florida as an agreement state to show examples of possible differences with NRC.

#### 12:00-1:00pm

#### Lunch — Video "ALARA and the Administrator"

#### Objectives:

- 1. Know the basic responsibilities of the facility administrator with respect to radiation safety.
- 2. Know what a radiation safety committee is and what facilities must have one.
- 3. Know what an exit summary is.
- 4. Be aware of the type of action regulatory bodies may take if deficiencies occur in an audit.
- 5. Know what a 'Management's Commitment to an ALARA Program' is.

#### 1:00-4:15pm

#### Tour of Nuclear Medicine Department University of Kansas Medical Center

#### Objectives:

- 1. Gain first hand experience of a working hot lab.
- 2. Gain experience with the different forms of Iodine-131 (Liquid vs. pill)
- 3. Gain experience with a computerized record keeping system.
- 4. Discuss practical issues involved with administration of therapeutic quantities of radioactive materials.

#### 4:15-6:00pm

#### **Final Exam**

#### 6:00pm Adjournment

Note: Labs are all conducted under the direction of Audrey Wegst, Ph.D. and most contain multiple faculty members.