

Mallecia Hood

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**From:** nihut nes [nihut1@yahoo.com]  
**Sent:** Friday, April 25, 2008 11:55 AM  
**To:** cnnnewsroom@cnn.com  
**Subject:** "World's problem a bit much - let's tune off and find happiness at home"

Huntsville Times article "World's problem a bit much - let's tune off and find happiness at home" on Sunday 20th april,2008.

I feel frustration and joy with equal intensity, expressed in the article.

**Regarding frustration:**

No doubt it is bit much. But what might be even more taxing for our conscience, if we find out later we could have helped.

Contrary to popular belief, we have to do big things to help in this world, if we simply **eliminate our wasteful** ways in our individual life or as a community, sooner or later it will show up as a **gift of life to someone in need** somewhere in this world.

Instead of tuning off, in sadness, **let us be at least aware of our world** and be satisfied for what we can do and when we can do. Even shading little tear in sincerity for the cause has it's value. So please give yourself little credit for being concern. That's where the process of healing begins, at our heart.

Between the choice of message of hope or despair for individual and / or communities searching for direction, I suggest hope.

Thankfully we don't live in such desperation and from a distance we have the luxury to switch off when it gets to us. But should we really? I hope not.

**And regarding joy of simple life:**

I am delighted author has found peace and tranquility at home.

Best expressed in a poem by **Rabindra Nath Tagore**, a Nobel laureate,

**"In search of beauty and happiness, I have traveled near and far, crossed seven seas, only to realize I am surrounded by it at home"**. - *A simple summary in translation.*

I hope it comes true for majority, for whom simple life is reality.

**Confession:**

I often indulge.

I often forget to count my blessings.

As often as I stray, I definitely need reminder.

**Peace.**

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